HSBC CORPORATE HEALTH SCREENING PACKAGES VALID TILL 31 DECEMBER 2026

Strictly for internal circulation only
Free Enhanced Basic Package and Flu Vaccination is limited to one screening per person per calendar year. Applicable for Staff and Spouse.
New Participant: Participants who have not attended any health screening with HOP in 2026 are eligible for free Enhanced Basic Health Screening and Flu Vaccination.
Repeat Participant: Participants who have already attended a health screening with HOP in 2026 are not eligible for the free Enhanced Basic Health Screening and Flu Vaccination. However, the same preferential top-up rates still apply to repeat participants.
Utilisation of claim benefits, if any, is on a pay-and-claim basis.
Prices are NETT

			BASIC	ENHANCED BASIC	COMPREHENSIVE	SUPERIOR	PRESTIGE	ELITE	PLATINUM
			Family	Staff & Spouse					
		NEW PARTICIPANT OF 2026	FREE	FREE	$160	$300	$470	$600	$750
		REPEAT PARTICIPANT OF 2026	$30	$55					
Vaccination 疫苗	Influenza Flu Vaccination	四合一流感疫苗	$35	$35	$35	✓	✓	✓	✓
Mental Screening 心理检查	Mental Health Screening assessment	心理健康筛查	✓	✓	✓	✓	✓	✓	✓
Sleep Screening 睡眠检查	Sleep Health Screening with personalized report	睡眠健康筛查	✓	✓	✓	✓	✓	✓	✓
Biometric Measurement 体检	Blood Pressure	血压	✓	✓	✓	✓	✓	✓	✓
	Height & Weight - Body Mass Index (BMI)	身高和体重	✓	✓	✓	✓	✓	✓	✓
Lipid Profile 类脂化合物检验	Total Cholesterol	胆固醇	✓	✓	✓	✓	✓	✓	✓
	HDL Cholesterol	高密度脂蛋白胆固醇	✓	✓	✓	✓	✓	✓	✓
	Total-Cholesterol/HDL ratio	总胆固醇与高密度脂蛋白胆固醇比率	✓	✓	✓	✓	✓	✓	✓
	Direct LDL Cholesterol	密度脂蛋白胆固醇	✓	✓	✓	✓	✓	✓	✓
	Triyglyceride	酸甘油脂	✓	✓	✓	✓	✓	✓	✓
Diabetes Profile 血糖控制检验	Fasting / Random Blood Glucose	血糖	✓	✓	✓	✓	✓	✓	✓
	HbA1c (included only if) - Fasting blood glucose >126mg/dL - Random blood glucose >198mg/dL	糖化血红素	✓	✓	✓	✓	✓	✓	✓
Liver Profile 肝功能检验	Total Bilirubin	胆红素			✓	✓	✓	✓	✓
	Alkaline Phosphatase	碱性磷酸酶			✓	✓	✓	✓	✓
	SGPT (ALT)	谷胺酸丙酮酸转胺酶		✓	✓	✓	✓	✓	✓
	SGOT (AST)	谷胺酸草乙酸转胺酶		✓	✓	✓	✓	✓	✓
	Gamma GT (GGT)	珈玛-麸氨转酸酵素		✓	✓	✓	✓	✓	✓
	Total Protein	总蛋白质			✓	✓	✓	✓	✓
	Albumin	白蛋白			✓	✓	✓	✓	✓
	Globulin	球蛋白			✓	✓	✓	✓	✓
	Alb/Glob Ratio	白蛋白/球蛋白比率			✓	✓	✓	✓	✓
Hepatitis Profile 肝炎的检验	Hep B s Antigen and Antibody	B 型肝炎表面抗原 / 抗体			✓	✓	✓	✓	✓
	Hep A Antibody	A型肝炎抗体			✓	✓	✓	✓	✓
Kidney Function 肾脏的检验	Urea , Creatinine, Potassium , Sodium, Chloride, eGFR	尿素, 肌酸酐, 钾, 钠, 氯化物, 肾小球滤过率		✓	✓	✓	✓	✓	✓
	Bicarbonate	碳酸氢盐			✓	✓	✓	✓	✓
Urinalysis 尿液分析	Urine FEME	尿液化学及显微镜分析		✓	✓	✓	✓	✓	✓
	Urine Microalbumin	小分子白蛋白			✓	✓	✓	✓	✓
	Urine Creatinine	尿肌酐			✓	✓	✓	✓	✓
	Microalbumin/Creatinine Ratio	小分子白蛋白 / 尿肌酐比率			✓	✓	✓	✓	✓
Thyroid Function 甲状腺功能检验	Thyroid Stimultating Hormone (TSH)	甲状腺促进激素			✓	✓	✓	✓	✓
	FT4 (Included only if) TSH <0.27 pmol/L or >4.20 pmol/L	游离甲状腺素			✓	✓	✓	✓	✓
Bone & Joint Profile 骨骼及关节要素检验	Calcium	钙		✓	✓	✓	✓	✓	✓
	Phosphate	磷		✓	✓	✓	✓	✓	✓
	Uric Acid (Gout)	尿酸		✓	✓	✓	✓	✓	✓
	Rheumatoid Arthritis	类风湿因子				✓	✓	✓	✓
Cancer Markers 癌标记物检验	AFP (Liver)	甲胎蛋白			✓	✓	✓	✓	✓
	CEA (Colon)	癌胚抗原			✓	✓	✓	✓	✓
	EBV (Nose)	鼻咽检查				✓	✓	✓	✓
	CA19.9 (Pancreas)	胰腺检查				✓	✓	✓	✓
	Female / **Male**	**女** / **男**			✓	✓	✓	✓	✓
	CA125 (Ovarian) / PSA (Prostate)	卵巢检验 / 前列腺检验			✓	✓	✓	✓	✓
	CA15.3 (Breast) / Beta HCG (Testes)	乳腺检验 / 绒毛膜促性腺激素(睾丸)				✓	✓	✓	✓
Venereal Profile 性病检验	Syphilis TP Ab / VD (RPR) if TP Ab reactive / TPPA if VD (RPR reactive)	梅毒 / 梅毒检验 / 梅毒特异性鉴定检验			✓	✓	✓	✓	✓
Haematology 血液学	Full Blood Count / Hb Indices Total WBC, RBC, PLT, DC	血红素, 白血球, 红血球指标, 血小板, 白血球区别计数		✓	✓	✓	✓	✓	✓
	Erythrocyte Sedimentation Rate (ESR)	红血球沉降率		✓	✓	✓	✓	✓	✓
	Peripheral Blood Film (PBF)	血液涂片检验		✓	✓	✓	✓	✓	✓
Heart Screen 心脏检查	C-Reactive Protein (CRP)	C-反应蛋白				✓	✓	✓	✓
	Creatine Kinase	肌酸激酶				✓	✓	✓	✓
	Special Lipids Profile (AA1 + APB)	载脂蛋白分析					✓	✓	✓
Deficiency Screen 缺陷检查	Vitamin D	维生素D试验					✓	✓	✓
	Iron + Vitamin B12 + Folic Acid	铁含量 + 维生素B12 + 叶酸					✓	✓	✓
Stomach Screen 胃部检查	Helicobacter Pylori (HPY)	幽门螺杆菌试验					✓	✓	✓
Stool 粪便检验	Stool Occult Blood (Optional)	粪便					✓	✓	✓
Hormone Screen 激素测试	**Female** / **Male**	**女** / **男**							✓
	Estradiol + Follicle Stimulating Hormone / Testosterone	雌二醇,促卵泡激素 / 睾酮							✓
Clinical Tests 临床测验 ***Available at HOP Medical Centre**	Chest-X Ray (Filmless)	胸部X光						CHOOSE ONE (1)	CHOOSE TWO (2)
	Bone Mineral Density (BMD)	超声骨密度							
	12 Lead Electrocardiogram (ECG)	心电图							
	Tonometry	眼压							
	Spirometry	肺活量测试							
	Audiometry	听力测试							
	Digital Retina Imaging (+$21.80)	视网膜照相 (+$21.80)							
Ultrasounds 超声波 ***Available at HOP Medical Centre**	Kidneys	肾脏						CHOOSE ONE (1)	CHOOSE TWO (2)
	Liver	肝脏							
	Full Abdomen - Kidneys + Liver (+$54.50)	腹部 (+$54.50)							
	Thyroid	甲状腺							
	Carotid (Artery blockages)	内膜内侧厚度							
	Prostate (Male)	前列腺 (男)							
	Pelvis (TA) (Female)	骨盆 (经腹) (女)							
	Breast (Female)	乳房 (女)							
	Mammogram (Female) - 40 yrs and above	乳房X光检查 (女)							

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HOP Medical Centre (Orchard) Palais Renaissance, 390 Orchard Rd, #11-03/04 Singapore 238871
HOP Medical Centre (Tampines) CPF Tampines Building, 1 Tampines Central 5 #07-04/05 Singapore 529508

HOP MEDICAL CENTRE

SCAN BUNDLE

1 Scan + 2 Clinical Tests

1扫描 + 2 临床测验

$170*

(Weekday appointments only)

只限预约星期一至五

Choose 1 Scan

- U/S PELVIS (TA) (骨盆 经腹)
- U/S BREAST 乳房
- MAMMOGRAM 乳房 X 光检查
- U/S PROSTATE 前列腺
- U/S THYROID 甲状腺
- U/S CAROTID 内膜内侧厚度
- U/S KIDNEYS 肾脏
- U/S LIVER 肝脏
- U/S FULL ABDOMEN 腹部 (+$50)
  (Kidneys + Liver)

HOP Medical Centre

ORCHARD : Palais Renaissance
390 Orchard Road
#11-03/04
S238871

TAMPINES : CPF Tampines,
1 Tampines Central 5
#07-04/05
S529508

Choose 2 Clinical Tests

- CHEST X-RAY 胸部X光
- ECG 心电图
- TONOMETRY 眼压
- SPIROMETRY 肺活量测试
- AUDIOMETRY 听力测试
- BONE MINERAL DENSITY (BMD) 超声骨亲密度
- DIGITAL RETINAL IMAGING (DRI) 视网膜照相 (+$20)

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*Price before GST (不包含 GST)

CORPORATE RATES

SCANS AND CLINICAL TESTS
HOP MEDICAL CENTRE

ORCHARD - 390 Orchard Road, Palais Renaissance, #11-03/04, S238871

TAMPINES - 1 Tampines Central 5, #07-04/05, CPF Tampines Building, Singapore 529508

ULTRASOUNDS

PELVIS (TRANSABDOMINAL) (F) 骨盆 (经腹) (女)

Uterus, ovaries, cervix, fallopian tube, bilateral adnexa, pouch of douglas

It is commonly used to identify abnormalities in the female reproductive system particularly for the ovaries and uterus such as ovarian cysts or cancer, uterine fibroids or endometrial thickening (which can be a sign of uterine cancer). It is also helpful in the investigation of heavy or painful menstrual bleeding, irregular menses, and infertility.

$130*

BREAST (F) 乳房 (女)

Breasts

An internal scan of the structures of the Breast to diagnose breast lumps or any abnormalities found. This is particularly helpful in younger ladies (< 40 years old) with denser breasts which may not be suitable for mammogram yet, or those who already have a known breast lump for investigation or follow-up.

$130*

MAMMOGRAM 乳房X光检查

Breasts

A specialised X-ray of the Breast that aids in early detection of breast cancer. It is usually recommended for women above 50 years of age. For younger women, or those who have known breast diseases, you are recommended to check with your doctor regarding the recommended Breast Screening modality (i.e, an ultrasound or MRI of the Breast may be more suitable)

$130*

PROSTATE (M) 前列腺 (男)

Prostate, seminal vesicles

Examines risk of Prostate cancer, benign prostatic hyperplasia (enlargement of the prostate) or any other prostate-related conditions. If you have a known elevated PSA level, this is also a recommended next step in investigation or monitoring of the prostate.

$130*

THYROID 甲状腺

Thyroid

Monitors and characterizes the swellings found in the Thyroid gland, particularly whether there are any nodules suspicious for cancer, which may need a referral for biopsy.

$130*

CAROTID (INTIMA-MEDIA THICKNESS) 内膜内侧厚度

Carotid artery, Cardiovascular risk

Ultrasound Carotid (Intima-Media Thickness) Test (CIMT) is a non-invasive ultrasound imaging technique used to measure the thickness of the carotid artery wall. It helps assess the risk of cardiovascular disease by detecting the presence of atherosclerosis or plaque build-up in the neck arteries.

$130*

KIDNEYS 肾脏

Kidneys, upper urinary tract

A scan that assesses the physical appearance of the Kidneys. An Ultrasound can detect cysts, tumours, and kidney stone disease. It is also useful if you have a history of hematuria (blood in the urine), recurrent UTI (urinary tract infection), or any sudden changes in your renal function in your laboratory results.

$130*

LIVER (HEPATOBILIARY SYSTEM) 肝脏

Liver, gallbladder, pancreas, spleen

A scan with focus on the Liver, gall bladder and pancreas. Useful for individuals with an abnormal cholesterol or liver function test, this test most commonly detects fatty liver, liver cysts and tumours which may prompt the need for more urgent management.

$150*

FULL ABDOMEN 腹部 (Kidneys + Liver)

Liver, gallbladder, pancreas, spleen, kidneys

Includes the analysis of the main organs in the abdomen (liver, gall bladder, pancreas, kidneys, and spleen). Useful to complete a more detailed health screening for asymptomatic patients, or those with known blood test abnormalities in the above organ systems (e.g liver function and urine analysis). Detailed evaluation of the stomach and intestines might still require other modes such as CT scan / endoscopy.

$180*

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*PRICE BEFORE GST

TREADMILL ECG

TREADMILL STRESS ECG 心脏压力测试

Electrocardiogram, heart arrythimia

A form of cardiovascular stress testing that monitors your electrocardiogram (ECG) and blood pressure (BP) levels during increasing difficulties of exercise. This can be useful for select group of patients who may have intermediate risk of coronary artery disease. (Pre-test consent is required, please approach our staff for more information)

$200*

CLINICAL TESTS

CHEST X-RAY 胸部X光

Lungs, heart, airways, bones

A basic imaging test that helps detect some abnormalities found in the heart, lungs, blood vessels, airways, the bones of your chest and spine. It can also be helpful as an initial investigation for those with lung related symptoms such as those with chronic cough, fatigue.

$30*

ECG 心电图

Electrocardiogram, heart arrythimia

Also known as Electrocardiogram, this test checks the rhythm of your heart and its electrical activity. A resting ECG is a helpful initial test if you have a history of cardiac risk factors (e.g hypertension, high cholesterol / diabetes) or factors predisposing to irregular heart rhythm (eg thyroid, electrolyte / kidney disorder based on your previous blood tests).

$30*

BONE MINERAL DENSITY 超声骨密度

Heel ultrasound, bone health

A heel ultrasound (non-radiation) screening test will be conducted to measure the calcium density in your bones. It is helpful together with Vit D tests to advise on the need for supplementation to prevent onset of osteoporosis - which is irreversible bone calcium loss. A BMD is also highly recommended for ladies as they prepare to head into menopause.

$30*

SPIROMETRY 肺活量测试

Lungs, airways

A non-invasive test that is a part of lung function testing by measuring how much air you can breathe out in one forced breath. This is particularly useful for screening for chronic lung disease such as COPD (Chronic Obstructive Pulmonary Disease). If you have not seen a Respiratory Physician recently and have symptoms and risk factors such as a history of smoking, asthma, persistent cough or recurrent unexplained breathlessness, you may benefit from a spirometry.

(N.B. Please refer to our Spirometry Patient Information Sheet for more details and when you should NOT do a spirometry)

$30*

AUDIOMETRY 听力测试

Ears, hearing

Tests your ability to hear varying types of sound, based on their loudness (intensity) and the speed of sound wave vibrations (tone). This test is useful for adults of any age as it can detect hearing loss at an early stage (before noticeable symptoms) or as part of initial work-up when you are having hearing problems from any cause.

$30*

TONOMETRY 眼压

Eyes, intra-ocular pressure

A quick scan that checks the intra-ocular pressure of your eyes to see if you're at a risk of glaucoma, the number one leading cause of blindness. Glaucoma is a disease that damages your eye nerves overtime resulting in a loss of vision. Early screening would help to protect your eyesight and slow down the process of vision loss.

$30*

DIGITAL RETINAL IMAGING (DRI) 视网膜照相

Eye, retina, optic nerves

Also known as a fundus photo, it is a non-invasive, diagnostic tool that produces digital high resolution, colored images of your retina, optic nerve, and blood vessels in the back of your eye. It is able to screen for 3 main eye conditions which are the top causes for vision loss: Glaucoma, Diabetic Retinopathy and Age-related Macular Degeneration (AMD). This is helpful even before you have visual symptoms as these conditions may benefit from early intervention before further irreversible eye damage.

$50*

AVAILABLE AT:

HOP MEDICAL CENTRE

ORCHARD - 390 Orchard Road, Palais Renaissance, #11-03/04, S238871

TAMPINES - 1 Tampines Central 5, #07-04/05, CPF Tampines Building, Singapore 529508

***PRICE BEFORE GST**

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HOP
HEALTH OUTREACH PROGRAMME



LIVE LONGER
LIVE BETTER

LONGEVITY SCREENING ADD-ON

A comprehensive blood test panel analysing **28 key biomarkers** to help you better understand your health and identify opportunities to **optimise wellbeing, performance and longevity.**

$258
BEFORE GST

Testcode: HIQMA
5ml SST TUBE (Plain +1)

28 BIOMARKERS ANALYSED

FATTY ACIDS
1. PUFA : MUFA Ratio
2. Monounsaturated Fatty Acids (MUFAs)
3. Monounsaturated Fat (%)
4. Polyunsaturated Fatty Acids (PUFAs)
5. Omega-6 (%)
6. Saturated Fatty Acids (SFAs)
7. Saturated Fat (%)
8. Omega-3 (%)
9. Total Fatty Acids
10. Omega-6 : Omega-3 Ratio
11. Omega-3
12. Omega-6
13. Polyunsaturated Fat (%)

FLUID BALANCE
14. Creatine

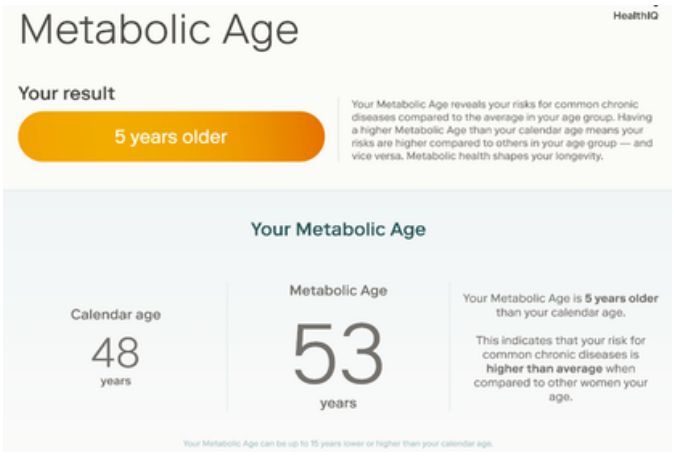
INFLAMMATION
15. Glycoprotein Acetyls (GlycA)

GLUCOSE
16. Glucose (Calculated)

AMINO ACIDS
17. Tyrosin
18. Valine
19. Total Branched-Chain Amino Acids (BCAAs)
20. Isoleucine
21. Alanine

CARDIAC AND APOLIPOPROTEINS
22. Apolipoprotein A1 (ApoA1)
23. ApoB / ApoA1 Ratio
24. Apolipoprotein B (ApoB)
25. HDL Cholesterol
26. Total Triglycerides (TG)
27. Total Cholesterol
28. LDL Cholesterol (Direct)

YOUR METABOLIC AGE DECODED



Your Report Includes

- 28 Biomarker Analysis
- Metabolic Age Decoded
- Lifestyle & Nutrition Recommendations
- Easy to understand Health Dashboard

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STD Screening Packages

IMPORTANT SELF-TESTING INFORMATION

Self-STD testing is intended for individuals **without symptoms**, for routine screening and test-of-cure.

These packages are not available to individuals who are currently experiencing symptoms. If you have symptoms, are concerned about a recent or specific exposure, or are unsure about the appropriate testing window, please consult a doctor for assessment and advice on the appropriate tests and timing.

HOPSTD1

A
$98

- **HIV**
- **Syphilis TP Ab**
- **Hepatitis B** (Antibody & Antigen)
- **Hepatitis C**

Blood Test

HOPSTD2

B
$138

- **HIV**
- **Syphilis TP Ab**
- **Hepatitis B** (Antibody & Antigen)
- **Hepatitis C**
- **Herpes Simplex IgG** Antibody Virus 1 & 2

Blood Test

CTT+NIG

C
$178

- **Chlamydia Trachomatis** (CTT)
- **Neisseria Gonorrhoeae** (NIG)

Female: Vaginal swab
(Instructions will be provided)

Male: Urine test

CTT+NIG+MPG

D
$248

- **Chlamydia Trachomatis** (CTT)
- **Neisseria Gonorrhoeae** (NIG)
- **Mycoplasma Genitalium** (MPG)

Female: Vaginal swab
(Instructions will be provided)

Male: Urine test

IQST11

E
$388

- **Chlamydia Trachomatis** (CTT)
- **Neisseria Gonorrhoeae** (NIG)
- **Trichomonas Vaginalis** (TVG)
- **Mycoplasma Genitalium** (MPG)
- **Mycoplasma Hominis** (MPH)
- **Ureaplasma Urealyticum** (UUT)
- **Ureaplasma Parvum** (UPV)

Female: Vaginal swab
(Instructions will be provided)

Male: Urine test

HOPSTD3

F
$478

- **HIV**
- **Syphilis TP Ab**
- **Hepatitis B** (Antibody & Antigen)
- **Hepatitis C**
- **Herpes Simplex IgG** Antibody Virus 1 & 2
- **Chlamydia Trachomatis** (CTT)
- **Neisseria Gonorrhoeae** (NIG)
- **Trichomonas Vaginalis** (TVG)
- **Mycoplasma Genitalium** (MPG)
- **Mycoplasma Hominis** (MPH)
- **Ureaplasma Urealyticum** (UUT)
- **Ureaplasma Parvum** (UPV)

Blood Test

Female: Vaginal swab
(Instructions will be provided)

Male: Urine test

All prices shown are before GST.

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