

EXECUTIVE PACKAGE \$450 NETT



BOOK NOW



CORPORATE RATES

DOCTOR CONSULTATION

BIOMETRIC TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test

LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Stool Analysis Stool Occult Blood

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀
CA19.9 (Pancreas)

Stomach Screen


Helicobacter Pylori
Antibodies (Gastritis)


Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

 **Sleep Screening New**
Identify potential sleep issues.

 **Mental Screening New**
Assess depression, anxiety, and stress levels.

CLINICAL TEST (CHOOSE 2):

 **ELECTROCARDIOGRAPHY**
Resting ECG


 **RADIOLOGY**
Chest X-ray

 **BONE SCAN**
Bone Mineral Densitometry

 **TONOMETRY**
Eye Pressure

 **SPIROMETRY**
Lung Function Test

 **BRAIN HEALTH NEW**
Brain health assesment

 **Cervical Cancer ♀**
Thin Prep Pap Smear
(recommended every 3 years)

 **CHOOSE 1 OF THE FOLLOWING:**

Ultrasound HBS (Liver, gallbladder pancreas, spleen)

Ultrasound Prostate ♂

Ultrasound Pelvis ♀

Ultrasound Thyroid

Ultrasound Kidney

Ultrasound Carotid IMT

Ultrasound Breast ♀

Mammogram ♀

Treadmill ECG

 **LIGHT REFRESHMENT**

 **PERSONAL REPORT AND LIFESTYLE COUNSELLING**

 **POST DOCTOR REVIEW**