

# ESSENTIAL PACKAGE \$250 NETT



BOOK NOW



## CORPORATE RATES



### DOCTOR CONSULTATION



### BIOMETRIC TESTS

Height and Weight  
BMI  
Blood Pressure  
Full Body Composition  
Visual Acuity and Color Test



### LABORATORY TESTS

#### Liver Profile

Total Bilirubin  
Alkaline Phosphatase  
SGPT (ALT)  
SGOT (AST)  
Gamma GT (GGT)  
Total Protein  
Albumin  
Globulin  
Alb/Glob Ratio

#### Diabetes Profile

Blood Glucose  
HbA1c (where applicable)

#### Lipid Profile

Total Cholesterol  
HDL Cholesterol  
LDL Cholesterol  
Cholesterol Ratio  
Triglycerides

#### Kidney Profile

Urea  
Creatinine  
Potassium  
Sodium  
Chloride  
EGFR

### Stool Analysis

Stool Occult Blood

### Urinalysis

Urine FEME  
Urine Microalbumin  
Urine Creatinine  
Microalbumin/Creatinine Ratio

### Hepatitis Profile

Hepatitis A  
Hepatitis B

### Thyroid Profile

TSH  
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

### Bone and Joint Profile

Calcium  
Phosphate  
Uric Acid (Gout)  
Rheumatoid Arthritis

### Cancer Markers

AFP (Liver)  
CEA (Colon)

### Venereal Profile

Syphilis TP Ab

### Hematology

Full Blood Count  
Hb Indices  
ESR  
Peripheral Blood Film



### Sleep Screening **New**

Identify potential sleep issues.



### Mental Screening **New**

Assess depression, anxiety, and stress levels.

## CLINICAL TEST (CHOOSE 2):



### ELECTROCARDIOGRAPHY

Resting ECG



### RADIOLOGY

Chest X-ray



### BONE SCAN

Bone Mineral Densitometry



### TONOMETRY

Eye Pressure



### SPIROMETRY

Lung Function Test



### BRAIN HEALTH **NEW**

Brain health assesment



### Cervical Cancer ♀

Thin Prep Pap Smear  
(recommended every 3 years)



### LIGHT REFRESHMENT



### PERSONAL REPORT AND LIFESTYLE COUNSELLING



### POST DOCTOR REVIEW