

RUBY PACKAGE

\$2,000

Prices before GST

BOOK NOW



DOCTOR CONSULTATION



BIOMETRIC TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test



LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Stool Analysis

Stool Occult Blood

Cardiac Profile

C-Reactive Protein
Creatine Kinase
Apolipoprotein A1
Apolipoprotein B
Apolipoprotein B/A1 Ratio

Hormone Profile

Testosterone ♂
Estradiol ♀
Follicle-Stimulating Hormone ♀

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀
CA19.9 (Pancreas)
EBV (Nose)
Beta HCG (Testicular) ♂
CA 15.3 9 (Breast) ♀

Stomach Screen

Helicobacter Pylori
Antibody (Gastritis)

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B
Hepatitis C

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film



SLEEP SCREENING



MENTAL SCREENING

Immunology Profile

Anti-DS DNA Antibody
Anti-Nuclear Antibody

Deficiency Profile

Iron
Total Iron Binding Capacity (TIBC)
% Iron Saturation
Ferritin
Transferrin
Vitamin B12
Folic Acid
Vitamin D

CLINICAL TEST:



Electrocardiography

Resting ECG



Radiology

Chest X-ray



Bone Scan

Bone Mineral Densitometry



Tonometry

Eye Pressure



Retinal Photography

Eye Diseases



Spirometry

Lung Function Test



Cervical Cancer ♀

Thin Prep Pap Smear -
recommended every 3 year



ULTRASOUND/RADIOLOGY:

Ultrasound HBS (Liver,
gallbladder pancreas, spleen)
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Carotid IMT
Ultrasound Breast (age < 40) ♀
Mammogram (age 40 & above) ♀



Heart Scan:

Treadmill Stress ECG OR
CT Calcium Score



Light Refreshment



PERSONAL REPORT AND LIFESTYLE COUNSELLING



POST DOCTOR REVIEW