

HOME BASED HEALTH SCREENING PACKAGES 2026 (NON-FASTING)



PRICES WITH EFFECT FROM OCTOBER 2025			1-SERIES	3-SERIES	5-SERIES	7-SERIES	9-SERIES
PRICE PER PAX INCLUDING GST			1 PAX	N/A	\$346.62	\$444.72	\$575.52
MIX AND MATCH OF PACKAGES ALLOWED			2 PAX	\$204.92	\$333.62	\$431.72	\$552.52
BUNDLE PRICES ARE ONLY APPLICABLE FOR SAME DAY AND LOCATION SURCHARGE IS APPLICABLE FOR SENTOSA AND JURONG ISLAND \$32.70 (INCLUDING GST)			3 PAX OR MORE	\$117.72	\$194.02	\$326.62	\$424.72
Biometric Measurement 体检	Blood Pressure	血压	✓	✓	✓	✓	✓
	Height & Weight - Body Mass Index (BMI)	身高和体重	✓	✓	✓	✓	✓
Lipid Profile 类脂化合物检验	Total Cholesterol	胆固醇	✓	✓	✓	✓	✓
	HDL Cholesterol	高密度脂蛋白胆固醇	✓	✓	✓	✓	✓
	Total-Cholesterol/HDL ratio	总胆固醇与高密度脂蛋白胆固醇比率	✓	✓	✓	✓	✓
	LDL Cholesterol	密度脂蛋白胆固醇	✓	✓	✓	✓	✓
Diabetes Profile 血糖控制检验	Triacylglyceride	酸甘油脂	✓	✓	✓	✓	✓
	Blood Glucose	血糖	✓	✓	✓	✓	✓
Diabetes Profile 血糖控制检验	HbA1c	糖化血红蛋白	✓	✓	✓	✓	✓
	Total Bilirubin	胆红素			✓	✓	✓
Liver Profile 肝功能检验	Alkaline Phosphatase	碱性磷酸酶			✓	✓	✓
	SGPT (ALT)	谷胺酸丙酮酸转胺酶		✓	✓	✓	✓
	SGOT (AST)	谷胺酸草乙酸转胺酶		✓	✓	✓	✓
	Gamma GT (GGT)	伽玛-麸氨酸转胺酶		✓	✓	✓	✓
	Total Protein	总蛋白质			✓	✓	✓
	Albumin	白蛋白			✓	✓	✓
	Globulin	球蛋白			✓	✓	✓
	Alb/Glob Ratio	白蛋白/球蛋白比率			✓	✓	✓
Hepatitis Profile 肝炎的检验	Hep B s Antigen and Antibody	B型肝炎表面抗原 / 抗体			✓	✓	✓
	Hep A Antibody	A型肝炎抗体			✓	✓	✓
Kidney Function 肾脏的检验	Urea , Creatinine, Potassium , Sodium, Chloride	尿素, 肌酸酐, 钾, 钠, 氯化物		✓	✓	✓	✓
	Estimated Glomerular Filtration Rate (eGFR)	肾小球滤过率		✓	✓	✓	✓
Urinalysis 尿液分析	Urine FEME	尿液化学及显微镜分析		✓	✓	✓	✓
	Urine Microalbumin	小分子白蛋白			✓	✓	✓
	Urine Creatinine	尿肌酐			✓	✓	✓
	Microalbumin/Creatinine Ratio	小分子白蛋白 / 尿肌酐比率			✓	✓	✓
Thyroid Function 甲状腺功能检验	Thyroid Stimulating Hormone (TSH)	甲状腺促进激素		✓	✓	✓	✓
	Free Thyroxine* (FT ₄) Triggered only if TSH <0.27 pmol/L or >4.20 pmol/L	游离甲状腺素		✓	✓	✓	✓
Bone & Joint Profile 骨骼及关节要素检验	Calcium	钙		✓	✓	✓	✓
	Phosphate	磷		✓	✓	✓	✓
	Uric Acid (Gout)	尿酸		✓	✓	✓	✓
	Rheumatoid Arthritis	类风湿因子			✓	✓	✓
Cancer Markers 癌标记物检验	AFP (Liver)	甲胎蛋白			✓	✓	✓
	CEA (Colon)	癌胚抗原			✓	✓	✓
	EBV (Nose)	鼻咽癌检验				✓	✓
	CA19.9 (Pancreas)	糖类抗				✓	✓
	Female	Male	女			✓	✓
	CA125 (Ovarian)	PSA (Prostate)	卵巢检验			✓	✓
CA15.3 (Breast)	Beta HCG (Testes)	乳腺检验				✓	
Venereal Profile 性病检验	Syphilis TP Ab / VD (RPR) if TP Ab reactive / TPPA if VD (RPR reactive)	梅毒 / 梅毒检验 / 梅毒特异性鉴定检验			✓	✓	✓
Haematology 血液学	Full Blood Count / Hb Indices	血红素, 白血球, 红血球指标, 血小板, 白血球区别计数		✓	✓	✓	✓
	Total WBC, RBC, PLT, DC			✓	✓	✓	✓
	Erythrocyte Sedimentation Rate (ESR)	红血球沉降率		✓	✓	✓	✓
Stool 粪便检验	Peripheral Blood Film	血液涂片检验		✓	✓	✓	✓
Stool 粪便检验	Stool Occult Blood (Optional)	粪便				✓	✓
	C-Reactive Protein (CRP)	C-反应蛋白					✓
	Creatine Kinase	肌酸激酶					✓
Heart Screen 心脏检查	Cardiac Profile (AA1 + APB)	心脏剖面试验					✓
	Vitamin D (VIT)	维生素D试验					✓
Deficiency Screen 缺陷检查	Iron + Vit B12 + Folic Acid	缺铁性质 + 维生素B12 + 叶酸					Choose One (1)
Stomach Screen 胃部检查	Helicobacter Pylori (HPY)	幽门螺杆菌试验					✓
Consultation	Post-Screening Doctor Consultation	健康检查后医生咨询	✓	✓	✓	✓	✓

HEALTH OUTREACH PROGRAMME PTE LTD | HOP.SG

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CANCER MARKERS 癌标记物检验

- 2 OVARIAN SCREENING (CA125) 卵巢检查**
CA125 (Cancer Antigen-125) is a protein which may be raised in many gynaecological conditions (both cancerous and non-cancerous), but it is most strongly linked to ovarian cancer. Ovarian cancer tends to have minimal symptoms at the early stages and is not picked up by routine screening such as PAP smears. **\$ 50**
- 3 PROSTATE SCREENING (PSA) 前列腺检查**
PSA is a protein produced by cells of the prostate which may be raised in many prostate disorders such as benign prostatic hyperplasia (enlarged prostate), prostatitis but it is most strongly linked to prostate cancer. **\$ 50**
- 4 NASOPHARYNGEAL SCREENING (EBV) 鼻咽检查**
EBV is a common virus whose chronic infection is linked to certain cancers, including nasopharyngeal carcinoma, which requires further evaluation by an ENT specialist. **\$ 50**
- 5 PANCREATIC SCREENING (CA19.9) 胰腺检查**
CA19-9 may be raised in multiple hepatobiliary conditions, such as biliary obstruction or inflammation from benign causes such as gallstones, pancreatitis, or cholangitis, but it is most strongly linked to pancreatic cancer - which is asymptomatic at the early stages. **\$ 50**
- 6 BREAST SCREENING (CA15.3) 乳腺检查**
CA15.3 can be useful when used in conjunction with other clinical and diagnostic procedures (such as mammography) to detect abnormal breast cell activity, which warrants further evaluation or specialist review. **\$ 50**
- 7 TESTES SCREENING (BETA HCG) 绒毛膜促性腺激素(睾丸)**
An elevated serum beta-HCG in males can indicate germ cell tumours in the testes, which are rare but potentially aggressive cancers in post-pubertal males. **\$ 50**

HEART SCREENING (CARDIOVASCULAR RISK PROFILE) 心脏检查

- 8 C-REACTIVE PROTEIN (CRP) C- 反应蛋白**
This is a marker of inflammation in your body and can predict cardiovascular risk in the absence of other major source of inflammation (rheumatism or recent sickness). **\$ 50**
- 9 CREATINE KINASE (CK) 肌酸激酶**
CK testing is primarily used to detect muscle damage and useful in detecting cardiac muscle injury. It is also routinely used in monitoring before and during statin use. **\$ 40**
- 10 SPECIAL LIPIDS PROFILE (AA1 + APB) 载脂蛋白分析**
Apolipoprotein A1 (AA1) and Apolipoprotein B (APB) are newer and more precise measurements of lipids in the blood compared to the basic lipid profile (LDL-C and HDL-C).
This can be helpful in more accurate cardiovascular risk estimation of coronary artery atherosclerosis (blockage) in patients who are already known to have an elevated basic lipid profile, or with significant family history of lipid and cardiovascular disease / stroke such as diabetes. **\$ 75**

STOMACH SCREENING 胃部检查

- 11 HELICOBACTER PYLORI (HPY) 幽门螺杆菌试验**
Helicobacter Pylori are spiral-shaped bacteria that grows in the stomach that can cause ulcers as well as cancerous change to the stomach lining. This blood test can be used to screen if a person is exposed and guide if referral to a GI specialist for further management (eg gastroscopy) is needed. **\$ 50**

DEFICIENCY SCREENING 缺陷检查

- 12 VITAMIN D (VIT) 维生素D试验**
 Vitamin D deficiency is common at all ages and directly increases risk of osteoporosis for both males and females (even before menopause) as well as potentially affecting cardiovascular health and immunity. Useful if you are known to have osteopenia on BMD testing or already on Vit D supplements. **\$ 70**
- 13 ANEMIA PANEL (GS1987) 贫血分析**
Iron + Vitamin B12 + Folic Acid 铁含量 + 维生素B12 + 叶酸
 Many non-specific symptoms can be due to anaemia, commonly caused by low iron, vitamin B12, or folate. Useful for vegetarians, individuals with digestive issues (e.g., gastric discomfort or diarrhoea), and those with known or suspected anaemia from heavy menstruation or underlying blood disorders. **\$ 70**

HORMONE SCREENING (NEW) 激素测试

- 14 TESTOSTERONE (TES) - 睾酮(男性)**
 Measures the primary male hormone that supports men's health functions such as libido, weight changes, energy levels and overall vitality. **\$ 70**
- 15 FEMALE HORMONES 女性荷尔蒙**
ESTRADIOL (E2) + FOLLICLE STIMULATING HORMONE (FSH) 雌二醇 + 促卵泡激素
 E2 and FSH are essential female reproductive hormones. Imbalances between them can indicate menstrual irregularities, fertility issues or menopausal changes, and may warrant further evaluation by a Gynaecologist or Endocrinologist. **\$ 70**

ALLERGY SCREENING (NEW) 过敏筛查

- 16 ALLERGY IGE ANTIBODIES 过敏抗体检测**
 Skin prick testing remains the preferred method for allergy assessment; however, standard laboratory blood panels are available for individuals concerned about conditions such as allergic rhinitis, asthma, or eczema.
A - Inhalant Panel (Cat / dog dander, cockroach, dust, dust mites, etc) (INHALE1)
B - Common Foods (Egg white, cow milk, peanut, etc) (GASTRO)
C - Seafood (clam, mussel, oysters, lobster, crab, shrimp etc) (SEAFOOD2)



A - \$ 600
B - \$ 350
C - \$ 400

PANEL DETAILS

OTHER ADD-ON TESTS 其他插件测试

- | | |
|--|--|
| 17. Liver Cancer Marker (AFP) \$50 | 26. Cardiac - Lipoprotein (a) (LPL) \$75 |
| 18. Colon Cancer Marker (CEA) \$50 | 27. Renal - Magnesium (MGM) \$40 |
| 19. Blood Group (ABO) \$40 | 28. Thyroid - Free Thyroxine (FT4) \$50 |
| 20. Diabetes - HbA1C (HBA) \$40 | 29. Thyroid - Free Triiodothyronine (FT3) \$50 |
| 21. Diabetes - Insulin (fasting only) (INS) \$90 | 30. Full Thyroid Panel add on - FT3, FT4 Thyroid Antibodies - TRAB, anti-Thyroglobulin, anti-TPO (QTP6) \$210 |
| 22. Hepatitis A & B (GLH) \$50 | 31. Rubella IgG (RUG) \$40 |
| 23. Hepatitis C (HCV) \$50 | 32. Thalassemia (HEL) \$70 |
| 24. Full Iron Studies Add- on - TIBC, Transferrin, % Iron Sat , Ferritin (ANE04) \$80 | 33. Urine FEME (UAN) \$40 |
| 25. Stool Occult Blood - Immuno (FOB) \$40 | |



NO. 17-33
SCAN FOR EXPLANATION

17. Liver Cancer Marker (AFP) \$50

Measures AFP levels, which may be raised in multiple liver conditions such as liver inflammation, cirrhosis but it is most strongly linked to liver cancer. Regular testing is recommended for Hepatitis B carriers.

18. Colon Cancer Marker (CEA) \$50

Measures CEA levels, which may be raised in many benign as well as cancerous conditions but it is most strongly linked to Colorectal Cancer. An increasing trend is usually more helpful than a single value regarding the risk for colon cancer.

19. Blood Group (ABO) \$40

Identifies your blood type (A, B, AB or O) for personal reference

20. Diabetes - HbA1c (HBA) \$40 - Regardless of blood glucose level

Reflects your average blood sugar over the past 2–3 months. Important for diagnosing diabetes and monitoring long-term glucose control.

21. Diabetes - Insulin (Fasting) (INS) \$90

Measures fasting insulin to assess insulin resistance and metabolic health. Useful for early detection of prediabetes and weight-related issues.

22. Hepatitis A & B (GLH) \$50

Screens for immunity and exposure to Hepatitis A and B. Helps determine if you are protected or need vaccination.

23. Hepatitis C (HCV) \$50

Detects past or current infection with Hepatitis C, a virus that can cause chronic liver damage if untreated.

24. Full Iron Studies - TIBC, % Iron Sat, Transferrin, Ferritin (ANE04) \$80

This provides a comprehensive evaluation of iron levels, transport and storage. Can be helpful for those with pre-existing Iron Deficiency Anemia or those on iron supplements (N.B - not so helpful to diagnose other forms of anemia)

25. Stool Occult Blood - Immunological (FOB) \$40

Checks for tiny amounts of hidden blood in stool, a key early screening test for colon cancer and intestinal bleeding.

26. Cardiac - Lipoprotein(a) (LPL) \$75

Measures Lp(a), a LDL-like particle strongly linked to heart attack and stroke risk. Useful for those with family history of heart disease.

27. Renal - Magnesium (MGM) \$40

Assesses magnesium, a mineral essential for muscle function, nerve health and kidney balance. Low levels may cause cramps, weakness or cardiac rhythm issues.

28. Thyroid - Free Thyroxine (FT4) \$50 - Regardless of TSH levels

Measures FT4 hormone levels, which is a good gauge of thyroid gland activity and metabolic rate. Useful in diagnosing hypothyroidism or hyperthyroidism.

29. Thyroid - Free Triiodothyronine (FT3) \$50

FT3 is the most biologically active form of thyroid hormone that works inside our cells. Blood measurements may fluctuate and not correlate directly to clinical symptoms. Mainly helpful if there is disagreement between clinical symptoms and TSH / FT4 levels.

30. Full Thyroid Panel (QTP6) \$210

FT3, FT4, Thyroglobulin Antibody, Thyroid Peroxidase Antibody (Anti-TPO),
Thyroid Stimulating Hormone Receptor Antibody (TRAB)

A thorough assessment of thyroid hormones and autoimmune markers. Helps diagnose Hashimoto's disease, Graves' disease and complex thyroid issues.

31. Rubella IgG (RUG) \$40

Determines immunity to Rubella. Important for women planning pregnancy to prevent congenital infection.

32. Thalassemia (HEL) \$70

Screens for Thalassemia, a group of genetic blood disorders that affect haemoglobin production. Useful for family planning and unexplained anaemia.

33. Urine FEME (UAN) \$40

A comprehensive urine test that checks for abnormalities such as protein, glucose, blood, bacteria and crystals. It helps detect early signs of urinary tract infections (UTIs), kidney issues, metabolic conditions and general urinary tract health.