

GRANDE

UP \$560 NETT
\$500 NETT

BOOK HERE



DOCTOR CONSULTATION



CLINICAL TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Oxygen Saturation
Visual Acuity
Color Blindness



LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Hepatitis Profile

Hepatitis A
Hepatitis B

Venereal Profile

Syphilis TP Ab

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
eGFR

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L
or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
Beta HCG (Testes) ♂
CA125 (Ovarian) ♀
CA15.3 (Breast) ♀
CA19.9 (Pancreas)
EBV (Nose)

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Stool Analysis

Stool Occult Blood

Heart Screen

CRP

CHOOSE 2 OF THE FOLLOWING:



TONOMETRY
Eye Pressure



BONE SCAN
Bone Mineral Densitometry



RADIOLOGY
Chest X-ray



SPIROMETRY
Lung Function Test



ELECTROCARDIOGRAPHY
Resting ECG



CERVICAL CANCER ♀
Thin Prep Pap Smear
(recommended every 3 yrs)

CHOOSE 1 OF THE FOLLOWING:

Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Breast ♀
Ultrasound Kidney
Ultrasound Liver (HBS)
Mammogram ♀



POST SCREENING
DOCTOR CONSULTATION



PERSONAL REPORT
AND LIFESTYLE
COUNSELLING