

ESSENCE
\$250 NETT



BOOK NOW



DOCTOR CONSULTATION



BIOMETRIC TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test



LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀

Urinalysis

Urine FEME

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Stool Analysis

Stool Occult Blood

CLINICAL TEST (CHOOSE 2):



ELECTROCARDIOGRAPHY

Resting ECG



BONE SCAN

Bone Mineral Densitometry



TONOMETRY

Eye Pressure



SPIROMETRY

Lung Function Test



RADIOLOGY

Chest X-ray



Light Refreshment



PERSONAL REPORT AND LIFESTYLE COUNSELLING



POST DOCTOR REVIEW

HEALTH PLUS

\$450 NETT



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DOCTOR CONSULTATION

BIOMETRIC TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test

LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀
CA19.9 (Pancreas)
EBV (Nose)
Beta hCG (Testes) ♂
CA15.3 (Breast) ♀

Stomach Screen

Helicobacter Pylori
Antibodies (Gastritis)

Urinalysis

Urine FEME

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Stool Analysis

Stool Occult Blood

CLINICAL TEST (CHOOSE 2):

 **ELECTROCARDIOGRAPHY**
Resting ECG

 **RADIOLOGY**
Chest X-ray

 **BONE SCAN**
Bone Mineral Densitometry

 **TONOMETRY**
Eye Pressure

 **SPIROMETRY**
Lung Function Test

 **Cervical Cancer** ♀
Pap Smear (ThinPrep - recommended every 3 years)

CHOOSE 1 OF THE FOLLOWING:

Ultrasound HBS (Liver, gallbladder, pancreas, spleen)

Ultrasound Prostate ♂

Ultrasound Pelvis ♀

Ultrasound Thyroid

Ultrasound Kidney

Ultrasound Breast ♀

Mammogram ♀

Treadmill ECG

 **Light Refreshment**

 **PERSONAL REPORT AND LIFESTYLE COUNSELLING**

 **POST DOCTOR REVIEW**

VITAL PLUS

\$650 NETT



BOOK NOW



DOCTOR CONSULTATION

BIOMETRIC TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test

LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀
CA19.9 (Pancreas)
EBV (Nose)
Beta hCG (Testes) ♂
CA15.3 (Breast) ♀

Stomach Screen

Helicobacter Pylori
Antibody (Gastritis)

Cardiac Profile

C-Reactive Protein

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Stool Analysis

Stool Occult Blood

CLINICAL TEST (CHOOSE 4):

-  **ELECTROCARDIOGRAPHY**
Resting ECG
-  **RADIOLOGY**
Chest X-ray
-  **BONE SCAN**
Bone Mineral Densitometry
-  **TONOMETRY**
Eye Pressure
-  **SPIROMETRY**
Lung Function Test
-  **Cervical Cancer** ♀
Thin Prep Pap Smear - recommended every 3 year

CHOOSE 2 OF THE FOLLOWING:

Ultrasound HBS (Liver, gallbladder pancreas, spleen)
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Breast ♀
Mammogram ♀
Treadmill ECG

Light Refreshment

PERSONAL REPORT AND LIFESTYLE COUNSELLING

POST DOCTOR REVIEW

PRIME CARE
\$1,000 NETT



BOOK NOW



 **DOCTOR CONSULTATION**

 **BIOMETRIC TESTS**

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test

 **LABORATORY TESTS**

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Stool Analysis

Stool Occult Blood

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
CA125 (Ovarian) ♀
CA19.9 (Pancreas)
EBV (Nose)
Beta hCG (Testes) ♂
CA15.3 (Breast) ♀

Stomach Screen

Helicobacter Pylori
Antibody (Gastritis)

Cardiac Profile

C-Reactive Protein

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Deficiency Profile

Iron
Vitamin B12
Folic Acid
Vitamin D

Hormone Profile

Testosterone ♂
Estradiol ♀
Follicle-Stimulating Hormone ♀

CLINICAL TEST (CHOOSE 5):

 **ELECTROCARDIOGRAPHY**

Resting ECG

 **BONE SCAN**

Bone Mineral Densitometry

 **RADIOLOGY**

Chest X-ray

 **TONOMETRY**

Eye Pressure

 **SPIROMETRY**

Lung Function Test

 **Cervical Cancer** ♀

Thin Pap Smear -
recommended every 3 year

 **CHOOSE 3 OF THE FOLLOWING:**

Ultrasound HBS (Liver, gallbladder pancreas, spleen)
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Breast ♀
Mammogram ♀
Treadmill ECG

 **Light Refreshment**

 **PERSONAL REPORT AND LIFESTYLE COUNSELLING**

 **POST DOCTOR REVIEW**

PRIME PLUS
\$1,250 NETT



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 **DOCTOR CONSULTATION**

 **BIOMETRIC TESTS**

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test

 **LABORATORY TESTS**

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Stool Analysis

Stool Occult Blood

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀
CA19.9 (Pancreas)
EBV (Nose)
CA15.3 (Breast) ♀
Beta hCG (Testes) ♂

Stomach Screen

Helicobacter Pylori
Antibody (Gastritis)

Cardiac Profile

C-Reactive Protein
Creatine Kinase
Apolipoprotein A1
Apolipoprotein B
Apolipoprotein B/A1 Ratio

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Deficiency Profile

Iron
Vitamin B12
Folic Acid
Vitamin D

Hormone Profile

Testosterone ♂
Estradiol ♀
Follicle-Stimulating Hormone ♀

CLINICAL TEST (CHOOSE 6):

 **ELECTROCARDIOGRAPHY**
Resting ECG

 **BONE SCAN**
Bone Mineral Densitometry

 **RADIOLOGY**
Chest X-ray

 **TONOMETRY**
Eye Pressure

 **SPIROMETRY**
Lung Function Test

 **Retinal Photography**
Eye Diseases

 **Cervical Cancer** ♀
Thin Pap Smear -
recommended every 3 year

 **CHOOSE 4 OF THE FOLLOWING:**
Ultrasound HBS (Liver, gallbladder pancreas, spleen)
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Breast ♀
Mammogram ♀
Treadmill ECG

 **Light Refreshment**

 **PERSONAL REPORT AND LIFESTYLE COUNSELLING**

 **POST DOCTOR REVIEW**

INFINITE

\$1,400 NETT



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 **DOCTOR CONSULTATION**

 **BIOMETRIC TESTS**

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test

 **LABORATORY TESTS**

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Stool Analysis

Stool Occult Blood

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀
CA19.9 (Pancreas)
EBV (Nose)
CA15.3 (Breast) ♀
Beta hCG (Testes) ♂

Stomach Screen

Helicobacter Pylori
Antibody (Gastritis)

Cardiac Profile

C-Reactive Protein
Creatine Kinase
Apolipoprotein A1
Apolipoprotein B
Apolipoprotein B/A1 Ratio

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Immunology Profile

Anti-DS DNA Antibody
Anti-Nuclear Antibody

Deficiency Profile

Iron
Vitamin B12
Folic Acid
Vitamin D

Hormone Profile

Testosterone ♂
Estradiol ♀
Follicle-Stimulating Hormone ♀

CLINICAL TEST (CHOOSE 6):

 **ELECTROCARDIOGRAPHY**
Resting ECG

 **BONE SCAN**
Bone Mineral Densitometry

 **RADIOLOGY**
Chest X-ray

 **TONOMETRY**
Eye Pressure

 **SPIROMETRY**
Lung Function Test

 **Retinal Photography**
Eye Diseases

 **Cervical Cancer** ♀
Thin Pap Smear -
recommended every 3 year

 **CHOOSE 5 OF THE FOLLOWING:**
Ultrasound HBS (Liver, gallbladder pancreas, spleen)
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Breast ♀
Mammogram ♀
Treadmill ECG

 **Light Refreshment**

 **PERSONAL REPORT AND LIFESTYLE COUNSELLING**

 **POST DOCTOR REVIEW**