

SAPPHIRE PACKAGE

\$525*

*Before GST



DOCTOR CONSULTATION



BIOMETRIC TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test



LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀
CA19.9 (Pancreas)
EBV (Nose)

Cardiac Profile

C-Reactive Protein

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Hepatitis Profile

Hepatitis A Ab
Hepatitis Bs Ag
Hepatitis Bs Ab

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)

Venereal Profile

Syphilis TP Ab

Urinalysis

Urine FEME

Stool Analysis

Stool Occult Blood

Stomach Screen

Helicobacter Pylori Antibody
(Gastritis)

CLINICAL TEST (CHOOSE 2):



ELECTROCARDIOGRAPHY
ECG



RADIOLOGY
Chest X-ray



BONE SCAN
Bone Mineral Densitometry



TONOMETRY
Eye Pressure



SPIROMETRY
Lung Function Test



PAP SMEAR ♀
Pap Smear (ThinPrep -
recommended every 3 years)



CHOOSE 2 OF THE FOLLOWING:

Ultrasound HBS (Liver, Gallbladder
Pancreas, Spleen)
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Breast ♀
Mammogram ♀
Treadmill Stress ECG



Light Refreshment



**PERSONAL REPORT
AND LIFESTYLE
COUNSELLING**



POST DOCTOR REVIEW