



SPECIAL FOR

Cargill

CORPORATE HEALTH SCREENING

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**(ORCHARD)
HOP MEDICAL CENTRE**

390 Orchard Road Palais Renaissance
#11-03/04 S(238871)

☎ 6589 0009 ✉ Medicalcentre@hop.sg

Mon-Fri : 8.30am - 4.30pm Saturday : 8.30am -11.30am Sunday / PH : Closed

ONE-STOP CENTRE

HOP Medical Centre is **One-stop** Health Screening Centre conveniently located at **Orchard Road** Palais Renaissance and **Tampines** CPF Building complete with in-house imaging services.

Our screening centre are equipped with the latest medical equipment to meet your needs.

NEW

**(TAMPINES)
HOP MEDICAL CENTRE**

1 Tampines Central 5 CPF Tampines Building
#07-04/05 S(529508)

☎ 6589 0002 ✉ tampines@hop.sg



CONVENIENCE

CENTRAL LOCATION

Orchard: 390 Orchard Road, Palais Renaissance, #11-03/04, S238871

Tampines: 1 Tampines Central 5, CPF Building, #07-04/05, S529508

HOP Medical Centre (Orchard) is conveniently located at Orchard Road - Palais Renaissance. Our screening centre is just a **5-mins walk** from Orchard MRT.

HOP Medical Centre (Tampines) is nestled in Tampines central, inside of CPF Building. It is situated right next to Tampines MRT and bus interchange, and conveniently location opposite 2 shopping malls - Century Square and Tampines Mall.

PREMIUM PACKAGE

\$85 NETT

Price quoted are in SGD (Singapore Dollars)

"An entry level screening recommended for first-timers"

STAFF AND FAMILY MEMBERS OF CARGILL ENJOYS THE SAME CORPORATE RATE
8-HOUR FASTING REQUIRED



BIOMETRICS

Height and Weight
BMI
Blood Pressure



LABORATORY TESTS

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Liver Profile

SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L or
>4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film



PERSONAL REPORT AND LIFESTYLE COUNSELLING



DOCTOR CONSULTATION

COMPREHENSIVE PACKAGE \$170 NETT

Price quoted are in SGD (Singapore Dollars)

"A well-rounded package measuring essential health factors, requiring just 10cc blood and a urine sample"

**STAFF AND FAMILY MEMBERS OF CARGILL ENJOYS THE SAME CORPORATE RATE
8-HOUR FASTING REQUIRED**



BIOMETRICS

Height and Weight
BMI
Blood Pressure



LABORATORY TESTS

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cancer Markers

AFP (Liver)
CEA (Colon)

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film



PERSONAL REPORT AND LIFESTYLE COUNSELLING



DOCTOR CONSULTATION

EXECUTIVE PACKAGE

\$300 NETT

Price quoted are in SGD (Singapore Dollars)

**"No fasting required!
Recommended for busy
Executive looking for a fast,
efficient and comprehensive
health evaluation"**

**STAFF AND FAMILY MEMBERS OF CARGILL ENJOYS THE SAME CORPORATE RATE
NO FASTING REQUIRED**



BIOMETRICS

Height and Weight
BMI
Blood Pressure



LABORATORY TESTS

Diabetes Profile

Blood Glucose
HbA1c

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Stool Analysis (Optional)

Stool Occult Blood

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine
Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L or
>4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cardiac Profile

CRP
Creatine Kinase

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
CA125 (Ovarian) ♀
BETA HCG (Testes) ♂
CA15.3 (Breast) ♀

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

♀ **Thin Prep (+\$65) -**

Recommended once every 3 years



CLINICAL TESTS

**Choose 1 of the
following:**

Electrocardiography (ECG)
Bone Mass Densitometry
(Heel)
Tonometry
Chest X-ray



PERSONAL REPORT AND LIFESTYLE COUNSELLING



DOCTOR CONSULTATION

DELUXE PACKAGE

\$395 NETT

Price quoted are in SGD (Singapore Dollars)

"The deluxe places a stronger emphasis on cancer screenings"

**STAFF AND FAMILY MEMBERS OF CARGILL ENJOYS THE SAME CORPORATE RATE
NO FASTING REQUIRED**



BIOMETRICS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Oxygen Saturation
Visual Acuity



LABORATORY TESTS

Diabetes Profile

Blood Glucose
HbA1c

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Stool Analysis (Optional)

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine
Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L or
>4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cardiac Profile

CRP
Creatine Kinase

Venereal Profile

Syphilis TP Ab

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
CA125 (Ovarian) ♀
EBV (Nasopharyngeal)
CA19.9 (Pancreas)
BETA HCG (Testes) ♂
CA15.3 (Breast) ♀

Hematology

Full Blood Count Hb
Indices
ESR
Peripheral Blood Film

♀ **Thin Prep (+\$65) -**
Recommended once every 3 years



CLINICAL TESTS

Choose 2 of the following:

Electrocardiography (ECG)
Bone Mass Density (Heel)
Tonometry
Chest X-ray



PERSONAL REPORT AND LIFESTYLE COUNSELLING



DOCTOR CONSULTATION

DELUXE PLUS PACKAGE

\$523 NETT Price quoted are in SGD (Singapore Dollars)

A level-up from our DELUXE package, this includes a scan of choice

**STAFF AND FAMILY MEMBERS OF CARGILL ENJOYS THE SAME CORPORATE RATE
NO FASTING REQUIRED**

BIOMETRICS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Oxygen Saturation
Visual Acuity

LABORATORY TESTS

Diabetes Profile

Blood Glucose
HbA1c

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Stool Analysis (Optional)

Stool Occult Blood

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cardiac Profile

CRP
Creatine Kinase

Venereal Profile

Syphilis TP Ab

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
CA125 (Ovarian) ♀
EBV (Nasopharyngeal)
CA19.9 (Pancreas)
BETA HCG (Testes) ♂
CA15.3 (Breast) ♀

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

♀  **Thin Prep (+\$65) -**
Recommended once every 3 years

CLINICAL TESTS

Choose 2 of the following:

Electrocardiography (ECG)
Bone Mass Density (Heel)
Tonometry
Chest X-ray

Choose 1 of the following:

Ultrasound Abdomen
Ultrasound Prostate
Ultrasound Pelvis
Ultrasound Thyroid
Ultrasound Breast
Mammogram (Referred)

 **PERSONAL REPORT AND
LIFESTYLE COUNSELLING
DOCTOR
CONSULTATION**

ELITE PACKAGE

\$737 NETT

Price quoted are in SGD (Singapore Dollars)

"A preferred choice for those looking for a complete clinical evaluation which includes 2 scans"

**STAFF AND FAMILY MEMBERS OF CARGILL ENJOYS THE SAME CORPORATE RATE
NO FASTING REQUIRED**



BIOMETRICS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Oxygen Saturation
Visual Acuity



LABORATORY TESTS

Diabetes Profile

Blood Glucose
HbA1c

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Stool Analysis (Optional)

Stool Occult Blood

Venereal Profile

Syphilis TP Ab

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
CAS125 (Ovarian) ♀
EBV (Nasopharyngeal)
CA19.9 (Pancreas)
BETA HCG (Testes) ♂
CA15.3 (Breast) ♀

Cardiac Profile

CRP
Creatine Kinase

Stomach Screening

HPY

Deficiency Profile

Iron

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

♀ Thin Prep(+ \$65)

Recommended once every 3 years



ELECTROCARDIOGRAPHY

ECG



TONOMETRY

Eye Pressure



RADIOLOGY

Chest X-ray



BONE SCAN

Bone Mineral Density (heel)



Choose 2 of the following:

Ultrasound Abdomen
Ultrasound Prostate
Ultrasound Pelvis
Ultrasound Thyroid
Ultrasound Breast
Mammogram (Referred)



PERSONAL REPORT AND LIFESTYLE COUNSELLING



DOCTOR CONSULTATION

PLATINUM PACKAGE

\$920 NETT

Price quoted are in SGD (Singapore Dollars)

***Our C-suite level package
catered for those seek a
thorough health evaluation"***

STAFF AND FAMILY MEMBERS OF CARGILL ENJOYS THE SAME CORPORATE RATE

NO FASTING REQUIRED



BIOMETRICS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Oxygen Saturation
Visual Acuity



LABORATORY TESTS

Diabetes Profile

Blood Glucose
HbA1c

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Stool Analysis (Optional)

Stool Occult Blood

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine
Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
CAS125 (Ovarian) ♀
EBV (Nasopharyngeal)
CA19.9 (Pancreas)
BETA HCG (Testes) ♂
CA15.3 (Breast) ♀

Cardiac Profile

CRP
Creatine Kinase
Apolipoprotein
AA1/APB

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Deficiency Profile

Iron
Vitamin B12
Folic Acid
Vitamin D

Hormone Profile

Estradiol ♀
Testosterone ♂

♀ Thin Prep (+\$65) -

Recommended once every 3 years



ELECTROCARDIOGRAPHY

ECG



TONOMETRY

Eye Pressure



RADIOLOGY

Chest X-ray



BONE SCAN

Bone Mineral Density (heel)



CHOOSE 2 OF THE FOLLOWING:

Ultrasound Abdomen
Ultrasound Prostate
Ultrasound Pelvis
Ultrasound Thyroid
Ultrasound Breast
Mammogram (Referred)



PERSONAL REPORT AND LIFESTYLE COUNSELLING



DOCTOR CONSULTATION