

# FOURS SEASONS HOTEL PACKAGES 2024 VALID TILL 31 NOV 2024

## SPONSORED MAMMOGRAM



### MAMMOGRAM

1. Mammogram ♀



### PERSONAL REPORT AND LIFESTYLE COUNSELLING



### POST DOCTOR REVIEW

## MAMMOGRAM PREPARATION:

- If you are pregnant, please avoid this test.
- Examination should be done at least 1 week after your menstruation.
- Avoid perfumes, powders, deodorants and creams at your chest or underarm areas.
- Wear a comfortable 2-piece outfit.
- Gowns available upon request.
- A mammogram is recommended for ladies 40yrs and above.