

# EXECUTIVE PACKAGE

## \$500 NETT



### DOCTOR CONSULTATION



### BIOMETRIC TESTS

Height and Weight  
BMI  
Blood Pressure  
Full Body Composition  
Visual Acuity and Color Test



### LABORATORY TESTS

#### Liver Profile

Total Bilirubin  
Alkaline Phosphatase  
SGPT (ALT)  
SGOT (AST)  
Gamma GT (GGT)  
Total Protein  
Albumin  
Globulin  
Alb/Glob Ratio

#### Diabetes Profile

Blood Glucose  
HbA1c (where applicable)

#### Lipid Profile

Total Cholesterol  
HDL Cholesterol  
LDL Cholesterol  
Cholesterol Ratio  
Triglycerides

#### Kidney Profile

Urea  
Creatinine  
Potassium  
Sodium  
Chloride  
EGFR

#### Cancer Markers

AFP (Liver)  
CEA (Colon)  
PSA (Prostate ♂)  
CA125 (Ovarian) ♀  
CA19.9 (Pancreas)  
EBV (Nose)

#### Stomach Screen

Helicobacter Pylori  
Antibody (Gastritis)

#### Hepatitis Profile

Hepatitis A  
Hepatitis B

#### Thyroid Profile

TSH  
FT4 (if TSH <0.40pmol/L or  
>4.70 pmol/L)

#### Bone and Joint Profile

Calcium  
Phosphate  
Uric Acid (Gout)  
Rheumatoid Arthritis

#### Venereal Profile

Syphilis TP Ab  
HIV Antibody

#### Hematology

Full Blood Count  
Hb Indices  
ESR  
Peripheral Blood Film

#### Urinalysis

Urine FEME

#### Stool Analysis

Stool Occult Blood

#### Cardiac Profile

C-Reactive Protein

### CLINICAL TEST (CHOOSE 3):



#### ELECTROCARDIOGRAPHY

Resting ECG



#### RADIOLOGY

Chest X-ray



#### BONE SCAN

Bone Mineral Densitometry



#### TONOMETRY

Eye Pressure



#### SPIROMETRY

Lung Function Test



#### Cervical Cancer ♀

Thin Prep Pap Smear -  
recommended every 3 year



### CHOOSE 1 OF THE FOLLOWING:

Ultrasound HBS (Liver,  
gallbladder pancreas, spleen)  
Ultrasound Prostate ♂  
Ultrasound Pelvis ♀  
Ultrasound Thyroid  
Ultrasound Kidney  
Ultrasound Breast ♀  
Mammogram ♀  
Treadmill ECG



#### Light Refreshment



### PERSONAL REPORT AND LIFESTYLE COUNSELLING



### POST DOCTOR REVIEW

