

DIAMOND
\$3,000 NETT



BOOK NOW



 **DOCTOR CONSULTATION**

 **BIOMETRIC TESTS**

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test

 **LABORATORY TESTS**

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Stool Analysis

Stool Occult Blood

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate) ♂
CA125 (Ovarian) ♀
CA19.9 (Pancreas) ♀
EBV (Nose)
CA15.3 (Breast) ♀
Beta hCG (Testes) ♂

Stomach Screen

Helicobacter Pylori
Antibody (Gastritis)

Cardiac Profile

C-Reactive Protein
Creatine Kinase
Apolipoprotein A1
Apolipoprotein B
Apolipoprotein B/A1 Ratio

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Immunology Profile

Anti-DS DNA Antibody
Anti-Nuclear Antibody

Deficiency Profile

Iron
Vitamin B12
Folic Acid
Vitamin D

Hormone Profile

Testosterone ♂
Estradiol ♀
Follicle-Stimulating Hormone ♀

CLINICAL TESTS:


 **Electrocardiography**
Resting ECG

 **Bone Scan**
Bone Mineral Densitometry

 **Tonometry**
Eye Pressure

 **Spirometry**
Lung Function Test


 **Retinal Photography**
Eye Diseases


 **Cervical Cancer** ♀
Thin Pap Smear -
recommended every 3 year

 **ULTRASOUND & RADIOLOGY TEST**

Ultrasound HBS (Liver, gallbladder pancreas, spleen)
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Breast (age below 40) ♀
Mammogram (age 40 and above) ♀

 **CT CALCIUM SCORE** To look for calcium deposits in heart arteries

 **CT LUNG** To look for lung cancer and lung diseases

 **MRI HEAD (Headache Screen) without contrast** To look for brain diseases that can cause headache

 **Light Refreshment**

 **PERSONAL REPORT AND LIFESTYLE COUNSELLING**

 **POST DOCTOR REVIEW**