



"A build up from the 5-series, this package consists of a full and detailed body screening which covers you with wider suite of cancer markers and inclusion of a cardiac risk assessment. Created for the discerning individual who desire an in-depth analysis and understanding of their body"

## **CLINIC ASSESSMENT**

- Personal History
- Personal Medical Report
- Blood Pressure
- ✓ Post Screening Review
- Height & Weight (BMI)

## LABORATORY ANALYSIS

- Full Cholesterol Profile
- Total Cholesterol
- HDL Cholesterol
- Total Chol/HDL ratio
- LDL Cholesterol
- Triglyceride
- Urinalysis
- Urine FEME
- Urine Microalbumin
- Microalbumin/Creatinine Ratio
- Liver Function
- Total Bilirubin
- Alkaline Phosphatase
- SGPT (ALT)
- SGOT (AST)
- GGT
- Total Protein
- Albumin
- Globulin
- Alb/Glob Ratio

- Diabetes Screen
- Fasting Blood Glucose
- HBA1C\* (If fasting glucose >126mg/dL))
- 🗸 Bone & Joint
- Calcium
- Phosphate
- Uric Acid
- Rheumatoid Arthritis Factor
- Thyroid Function
- TSH
- Free T4 (If TSH is <0.27 pmol/L or >4.20 pmol/L
- Venereal Profile
- VDRL (TPPA if reactive)
- Cardiac Risk
- C-Reactive Protein
- Creatine Kinase
- Framingam Heart Analysis (10 Yr Risk)

- Kidney Function
- Urea
- Creatinine
- Potassium
- Sodium
- Chloride
- eGFR
- Haematology
- Full Blood Count
- ESR
- Peripheral Blood Film
- Hepatitis Profile
- Hepatitis A
- Hepatitis B
- Cancer Markers
- AFP (Liver)
- CEA (Colon)
- EBV (Nose & Throat)
- CA19.9 (Pancreas)
- CA125 (Ovarian) female
- CA15.3 (Breast) female
- PSA (Prostate) male
- Beta HCG (Testes) male

Please refer to comparison chart for full extract of tests

## **Preparation:**

- 8-hour fasting required before the screening, only plain water is allowed.
- A urine bottle will be provided to you on your screening day. Kindly collect your sample and hand them over to our service staff. Otherwise, you may submit at our clinic at your convenience
- For ladies, urine tests should be done three days after the last day of menstruation.

\$368/pax

\$355/pax for 2 pax \$348/pax for 3 pax or more



## HOMEBASED HEALTH SCREENING PACKAGES



NO ADDITIONAL BLOOD-DRAWING REQUIREMENTS				Н	EALTH OUTREACH	PROGRAMME	
PRICES WITH EFFECT FROM APRIL 2024		1-SERIES	3-SERIES	5-SERIES	7-SERIES	9-SERIES	
PRICE PER PAX EXCLUDING GST 1 PAX				\$248	\$368	\$488	
MIX AND MATCH OF PACKAGES ALLOWED 2 PAX		N/A	N/A	\$235	\$355	\$465	
BUNDLE PRICES ARE ONLY APPLICABLE FOR SAME DAY AND LOCATION APPOINTMENT 3 PAX OR MORE SURCHARGE IS APPLICABLE FOR SENTOSA AND JURONG ISLAND - \$30.00 (BEFORE GST) 5 PAX OR MORE		\$68	\$128	\$228	\$348	\$448	
Biometric	Blood Pressure	J. FA. OK WORE	<b>→</b> 00	\$120 √	<b>√</b>	<b>√</b>	✓
Measurements	Height & Weight - Body Mass Index (BMI)		✓	✓	<b>√</b>	✓	✓
Cholesterol Profile	Total Cholesterol		✓	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
	HDL Cholesterol		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
	Total-Cholesterol/HDL ratio		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
	LDL Cholesterol		· ✓	· ·	· ✓	· ✓	· ✓
	Triyglyceride		· ✓	· ·	· ✓	· ✓	· ✓
Diabetes Screen	Fasting Blood Glucose		· ✓	· ·	· ✓	· ✓	· ✓
	HbA1c* Triggered only if - Fasting blood glucose >126mg/dL - Non-Fasting blood glucose >198mg/dL		✓	√	√	✓	<i>✓</i>
Kidney Function	Urea		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
	Creatinine		√	√	√	√	√
	Potassium		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	✓
	Sodium		<b>√</b>	·	·	·	<b>→</b>
	Chloride		<b>√</b>	<b>✓</b>	<b>√</b>	<b>✓</b>	<b>√</b>
	Estimated Glomerular Filtration Rate (eGFR)		<b>√</b>	<b>∨</b>	<b>∨</b>	<b>√</b>	<b>∨</b>
	Urine FEME		<b>∨</b>	<b>∨</b> ✓	<b>∨</b>	<b>∨</b>	<b>∨</b>
Hrinahesia	Urine Microalbumin		· ·	•	<b>∨</b>	<b>√</b>	<b>∨</b>
Urinalysis					<b>✓</b>	<b>√</b>	<b>√</b>
	Microalbumin/Creatinine Ratio				<b>✓</b>	<b>√</b>	<b>√</b>
	Total Bilirubin				<b>✓</b>	<b>√</b>	<b>√</b>
	Alkaline Phosphatase			<b>√</b>	<b>✓</b>	<b>✓</b>	<b>√</b>
	SGPT (ALT)			<b>✓</b>	<b>√</b>	<b>√</b>	<b>√</b>
	SGOT (AST)						
	Gamma GT (GGT)			<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
	Total Protein				<b>√</b>	<b>√</b>	<b>√</b>
	Albumin				<b>√</b>	<b>√</b>	<b>√</b>
	Globulin				<b>√</b>	<b>√</b>	<b>√</b>
	Alb/Glob Ratio				<b>√</b>	<b>√</b>	<b>√</b>
Bone & Joint	Calcium			<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
Profile	Phosphate			✓ ✓	<b>√</b>	<b>√</b>	<b>√</b>
	Uric Acid (Gout)			<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
	Rheumatoid Arthritis Factor				<b>√</b>	<b>√</b>	<b>√</b>
Thyroid Function	Thyroid Stimultating Hormone (TSH)			<b>✓</b>	<b>√</b>	<b>√</b>	✓
	Free Thyroxine* (FT4) Triggered only if TSH <0.27 pmol/L or >4.20 pmol/L			✓	✓	✓	✓
Haematology	Full Blood Count			<b>✓</b>	<b>√</b>	<b>✓</b>	<b>√</b>
	Erythrocyte Sedimentation Rate (ESR)			·	· ✓	·	·
				<b>∨</b> ✓	<b>∨</b>	<b>√</b>	<b>∨</b>
	Peripheral Blood Film			V	✓ ✓		
Hepatitis Profile	Hepatitis A					<b>√</b>	<b>√</b>
	Hepatitis B				<b>√</b>	<b>√</b>	<b>√</b>
Venereal Profile	VDRL (TPPA if reactive)				<b>√</b>	<b>√</b>	<b>√</b>
	C-Reactive Protein (CRP)				✓	✓	✓
Cardiac Risk	Creatine Kinase (CK)				✓	✓	✓
	Framingham heart Analysis (10y Yr Risk)				✓	✓	✓
	AFP (Liver)				✓	✓	✓
	CEA (Colon)				✓	✓	✓
	EBV (Nose)					✓	✓
	CA19.9 (Pancreas)					✓	✓
	Female Male					✓	✓
	CA125 (Ovarian) PSA (Prostate)					<b>√</b>	✓
	CA15.3 (Breast)  Beta HCG (Testes)					✓	<b>✓</b>
Heart Screening (Special Lipids)	Apolipoprotein A1						· ✓
	Apolipoprotein B						<b>→</b>
	Apo B/A1 Ratio						<b>√</b>
Deficiency	Vitamin D						CHOOSE
Screening	Anaemia Panel (Iron + Vitamin B12 + Folic Acid)						ONE ✓
Stool Test	Stool Occult Blood (Optional)						