# **5 SERIES**

"Specially designed as a comprehensive health screening for individuals who seek an overall insight into to current health status and risk of lifestyle diseases. This package includes screening for hepatitis, liver and kidney disorders, bone and joint, thyroid, blood analysis as well as a selected range of cancer markers "

#### Personal History

🤣 Personal Medical Report

#### 📀 Full Cholesterol Profile

- Total Cholesterol
- HDL Cholesterol
- Total Chol/HDL ratio
- LDL Cholesterol
- Triglyceride

#### Ӯ Urinalysis

- Urine FEME
- Urine Microalbumin
- Microalbumin/Creatinine Ratio

#### 📀 Liver Function

- Total Bilirubin
- Alkaline Phosphatase
- SGPT (ALT)
- SGOT (AST)
- GGT
- Total Protein
- Albumin
- Globulin
- Alb/Glob Ratio

## **CLINIC ASSESSMENT**

- 📀 Blood Pressure
- Post Screening Review

### LABORATORY ANALYSIS

- 📀 Diabetes Screen
- Fasting Blood Glucose
- HBA1C\*
  - (If fasting glucose >126mg/dL)

#### 📀 Bone & Joint

- Calcium
- Phosphate
- Uric Acid (Gout)
- Rheumatoid Arthritis Factor

#### 📀 Thyroid Function

- TSH
- Free T4 (If TSH is <0.27 pmol/L or >4.20 pmol/L)

#### 🗸 Venereal Profile

VDRL (TPPA if reactive)

#### 📀 Cardiac Risk

- C-Reactive Protein
- Creatine Kinase
- Framingam Heart Analysis (10 Yr Risk)

#### 📀 Height & Weight (BMI)

#### 📀 Kidney Function

- Urea
- Creatinine
- Potassium
- Sodium
- Chloride
- eGFR

#### Ӯ Haematology

- Full Blood Count
- ESR
- Peripheral Blood Film

#### 📀 Hepatitis Profile

- Hepatitis A
- Hepatitis B

#### 🗸 Cancer Markers

- AFP (Liver)
- CEA (Colon)

#### Please refer to comparison chart for full extract of tests

#### **Preparation:**

• 8-hour fasting required before the screening, only plain water is allowed.

• A urine bottle will be provided to you on your screening day. Kindly collect your sample and hand them over to our service staff. Otherwise, you may submit at our clinic at your convenience

• For ladies, urine tests should be done three days after the last day of menstruation.

# \$248/pax

\$235/pax for 2 pax \$228/pax for 3 pax or more

IOP

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Price before GST Bundle pricing applicable only for same location and screening appointment

# HOMEBASED HEALTH SCREENING PACKAGES



NO ADDITIONAL BLOOD-DRAWING REQUIREMENTS PRICES WITH EFFECT FROM APRIL 2024				HEALTH OUTREACH PROGRAMME				
				1-SERIES	3-SERIES	5-SERIES	7-SERIES	9-SERIES
PRICE PER PAX EXCLUDING GST 1 PAX						\$248	\$368	\$488
MIX AND MATCH OF PACKAGES ALLOWED 2 PAX				N/A	N/A	\$235	\$355	\$465
BUNDLE PRICES ARE ONLY APPLICABLE FOR SAME DAY AND LOCATION APPOINTMENT 3 PAX OR MORE						\$228	\$348	\$448
		NG ISLAND - \$30.00 (BEFORE GST)	5 PAX OR MORE	\$68 ✓	\$128 √	 √	√ ×	√
Biometric	Blood Pressure	NATION (DNAT)		 ✓	✓ ✓	✓ ✓	✓ ✓	 ✓
Measurements	Height & Weight - Body Mass Index (BMI) Total Cholesterol			 ✓	✓ ✓	✓ ✓	✓ ✓	 ✓
Cholesterol Profile				 ✓	✓ ✓	✓ ✓	✓ ✓	 ✓
	HDL Cholesterol			 ✓	✓ ✓	✓ ✓	✓ ✓	 ✓
	LDL Cholesterol			✓ ✓	✓	√ 	✓ ✓	✓
Diabetes Screen	Triyglyceride			✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
	Fasting Blood Glucose HbA1c* Triggered only if			√	✓	✓	✓	✓
	- Fasting blood glucose >126mg/dL - Non-Fasting blood glucose >198mg/dL			$\checkmark$	~	~	$\checkmark$	$\checkmark$
Kidney Function	Urea			$\checkmark$	$\checkmark$	√	~	$\checkmark$
	Creatinine			$\checkmark$	$\checkmark$	$\checkmark$	~	$\checkmark$
	Potassium			$\checkmark$	$\checkmark$	$\checkmark$	~	$\checkmark$
	Sodium			$\checkmark$	$\checkmark$	$\checkmark$	~	$\checkmark$
	Chloride			$\checkmark$	$\checkmark$	$\checkmark$	~	$\checkmark$
	Estimated Glomerular Filtration Rate (eGFR)			$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
	Urine FEME			$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Urinalysis	Urine Microalbumin					√	$\checkmark$	$\checkmark$
-	Microalbumin/Creatinine Ratio					√	$\checkmark$	✓
	Total Bilirubin					√	✓	$\checkmark$
	Alkaline Phosphatase					√	$\checkmark$	✓
	SGPT (ALT)				√	√	✓	$\checkmark$
	SGOT (AST)				~	√	✓	$\checkmark$
Liver Profile	Gamma GT (GGT)				~	√	$\checkmark$	✓
	Total Protein					√	$\checkmark$	$\checkmark$
	Albumin					√	$\checkmark$	✓
	Globulin					✓	$\checkmark$	$\checkmark$
	Alb/Glob Ratio				√	$\checkmark$	✓	
	Calcium				√	√	✓	$\checkmark$
Bone & Joint Profile	Phosphate				$\checkmark$	$\checkmark$	~	$\checkmark$
	Uric Acid (Gout)				√	√	✓	$\checkmark$
	Rheumatoid Arthritis Factor					√	✓	$\checkmark$
Thyroid Function	Thyroid Stimultating Hormone (TSH)				√	√	✓	$\checkmark$
	Free Thyroxine* (FT4) Triggered only if				~	~	$\checkmark$	$\checkmark$
	TSH <0.27 pmol/L or >4.20 pmol/L				v	v	v	v
Haematology	Full Blood Count				$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
	Erythrocyte Sedimentation Rate (ESR)				$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
	Peripheral Blood Film				$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Hepatitis Profile	Hepatitis A					~	$\checkmark$	$\checkmark$
	Hepatitis B					~	~	$\checkmark$
Venereal Profile	VDRL (TPPA if reactive)	DRL (TPPA if reactive)				~	✓	√
	C-Reactive Protein (CRP)					√	~	✓
Cardiac Risk	Creatine Kinase (CK)					$\checkmark$	$\checkmark$	$\checkmark$
	Framingham heart Analy	vsis (10y Yr Risk)				√	✓	√
Cancer Markers	AFP (Liver)					√	✓	√
	CEA (Colon)					· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·	√
	EBV (Nose)						· · · · · · · · · · · · · · · · · · ·	√
	CA19.9 (Pancreas)						· ✓	 ✓
	Female	Male					✓ ✓	 ✓
							✓ ✓	v √
	CA125 (Ovarian)	PSA (Prostate)					✓ ✓	v _√
	CA15.3 (Breast) Beta HCG (Testes)						v	 ✓
Heart Screening (Special Lipids) Deficiency	Apolipoprotein A1							
	Apolipoprotein B							✓
	Apo B/A1 Ratio							√
	Vitamin D							CHOOSE
Screening Anaemia Panel (Iron + Vitamin B12 + Folic Acid)								ONE
Stool Test	Stool Occult Blood (Opt	ional)						$\checkmark$

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