



# 3 SERIES

" A build up from 1-series, get further ahead with tests to screening for liver disease, Kidney disorders, gout, thyroid and blood related conditions "

## CLINIC ASSESSMENT

- ✓ Personal History
- ✓ Personal Medical Report
- ✓ Blood Pressure
- ✓ Post Screening Review
- ✓ Height & Weight (BMI)

## LABORATORY ANALYSIS

- ✓ Full Cholesterol Profile
  - Total Cholesterol
  - HDL Cholesterol
  - Total Chol/HDL ratio
  - LDL Cholesterol
  - Triglyceride
- ✓ Urinalysis
  - Urine FEME
- ✓ Liver Function
  - SGPT (ALT)
  - SGOT (AST)
  - GGT
- ✓ Diabetes Screen
  - Fasting Blood Glucose
  - HBA1C\*  
(If fasting glucose > 126mg/dL)
- ✓ Bone & Joint
  - Calcium
  - Phosphate
  - Uric Acid
- ✓ Thyroid Function
  - TSH
  - Free T4 (If TSH is <0.27 pmol/L or >4.20 pmol/L)
- ✓ Kidney Function
  - Urea
  - Creatinine
  - Potassium
  - Sodium
  - Chloride
  - eGFR
- ✓ Haematology
  - Full Blood Count
  - ESR
  - Peripheral Blood Film

Please refer to comparison chart for full extract of tests

### Preparation:

- 8-hour fasting required before the screening, only plain water is allowed.
- A urine bottle will be provided to you on your screening day. Kindly collect your sample and hand them over to our service staff. Otherwise, you may submit at our clinic at your convenience
- For ladies, urine tests should be done three days after the last day of menstruation.

**\$128\***

For 1 pax

(Group size min. 5pax)



# HOME BASED HEALTH SCREENING PACKAGES



NO ADDITIONAL BLOOD-DRAWING REQUIREMENTS

PRICES WITH EFFECT FROM APRIL 2024		1-SERIES	3-SERIES	5-SERIES	7-SERIES	9-SERIES
PRICE PER PAX EXCLUDING GST MIX AND MATCH OF PACKAGES ALLOWED BUNDLE PRICES ARE ONLY APPLICABLE FOR SAME DAY AND LOCATION APPOINTMENT SURCHARGE IS APPLICABLE FOR SENTOSA AND JURONG ISLAND - \$30.00 (BEFORE GST)	1 PAX	N/A	N/A	\$248	\$368	\$488
	2 PAX			\$235	\$355	\$465
	3 PAX OR MORE	\$68	\$128	\$228	\$348	\$448
	5 PAX OR MORE					
<b>Biometric Measurements</b>	Blood Pressure	✓	✓	✓	✓	✓
	Height & Weight - Body Mass Index (BMI)	✓	✓	✓	✓	✓
<b>Cholesterol Profile</b>	Total Cholesterol	✓	✓	✓	✓	✓
	HDL Cholesterol	✓	✓	✓	✓	✓
	Total-Cholesterol/HDL ratio	✓	✓	✓	✓	✓
	LDL Cholesterol	✓	✓	✓	✓	✓
	Triglyceride	✓	✓	✓	✓	✓
<b>Diabetes Screen</b>	Fasting Blood Glucose	✓	✓	✓	✓	✓
	<b>HbA1c* Triggered only if</b> - Fasting blood glucose >126mg/dL - Non-Fasting blood glucose >198mg/dL	✓	✓	✓	✓	✓
<b>Kidney Function</b>	Urea	✓	✓	✓	✓	✓
	Creatinine	✓	✓	✓	✓	✓
	Potassium	✓	✓	✓	✓	✓
	Sodium	✓	✓	✓	✓	✓
	Chloride	✓	✓	✓	✓	✓
	Estimated Glomerular Filtration Rate (eGFR)	✓	✓	✓	✓	✓
<b>Urinalysis</b>	Urine FEME	✓	✓	✓	✓	✓
	Urine Microalbumin			✓	✓	✓
	Microalbumin/Creatinine Ratio			✓	✓	✓
<b>Liver Profile</b>	Total Bilirubin			✓	✓	✓
	Alkaline Phosphatase			✓	✓	✓
	SGPT (ALT)		✓	✓	✓	✓
	SGOT (AST)		✓	✓	✓	✓
	Gamma GT (GGT)		✓	✓	✓	✓
	Total Protein			✓	✓	✓
	Albumin			✓	✓	✓
	Globulin			✓	✓	✓
	Alb/Glob Ratio			✓	✓	✓
<b>Bone &amp; Joint Profile</b>	Calcium		✓	✓	✓	✓
	Phosphate		✓	✓	✓	✓
	Uric Acid (Gout)		✓	✓	✓	✓
	Rheumatoid Arthritis Factor			✓	✓	✓
<b>Thyroid Function</b>	Thyroid Stimulating Hormone (TSH)		✓	✓	✓	✓
	<b>Free Thyroxine* (FT4) Triggered only if</b> <b>TSH &lt;0.27 pmol/L or &gt;4.20 pmol/L</b>		✓	✓	✓	✓
<b>Haematology</b>	Full Blood Count		✓	✓	✓	✓
	Erythrocyte Sedimentation Rate (ESR)		✓	✓	✓	✓
	Peripheral Blood Film		✓	✓	✓	✓
<b>Hepatitis Profile</b>	Hepatitis A			✓	✓	✓
	Hepatitis B			✓	✓	✓
<b>Venereal Profile</b>	VDRL (TPPA if reactive)			✓	✓	✓
<b>Cardiac Risk</b>	C-Reactive Protein (CRP)			✓	✓	✓
	Creatine Kinase (CK)			✓	✓	✓
	Framingham heart Analysis (10y Yr Risk)			✓	✓	✓
<b>Cancer Markers</b>	AFP (Liver)			✓	✓	✓
	CEA (Colon)			✓	✓	✓
	EBV (Nose)				✓	✓
	CA19.9 (Pancreas)				✓	✓
	<b>Female</b>	<b>Male</b>			✓	✓
	CA125 (Ovarian)	PSA (Prostate)			✓	✓
	CA15.3 (Breast)	Beta HCG (Testes)			✓	✓
<b>Heart Screening (Special Lipids)</b>	Apolipoprotein A1					✓
	Apolipoprotein B					✓
	Apo B/A1 Ratio					✓
<b>Deficiency Screening</b>	Vitamin D					CHOOSE ONE
	Anaemia Panel (Iron + Vitamin B12 + Folic Acid)					
<b>Stool Test</b>	Stool Occult Blood (Optional)					✓