



1 SERIES

*"Get started with our chronic disease screening package covering you for the three highs "
(Blood Pressure, Diabetes and High cholesterol)"*

***1 SERIES APPLICABLE ONLY FOR SMALL GROUP SCREENINGS
(Group size min. 5pax)**

CLINIC ASSESSMENT

- Personal History
- Blood Pressure
- Height & Weight (BMI)
- Personal Medical Report
- Post Screening Review

LABORATORY ANALYSIS

- Full Cholesterol Profile
 - Total Cholesterol
 - HDL Cholesterol
 - Total Chol/HDL ratio
 - LDL Cholesterol
 - Triglyceride
- Diabetes Screen
 - Fasting Blood Glucose
 - HBA1C*
(If fasting glucose > 126mg/dL)
- Kidney Function
 - Urea
 - Creatinine
 - Potassium
 - Sodium
 - Chloride
 - eGFR
- Urinalysis
 - Urine FEME

Please refer to comparison chart for full extract of tests

Preparation:

- 8-hour fasting required before the screening, only plain water is allowed.
- A urine bottle will be provided to you on your screening day. Kindly collect your sample and hand them over to our service staff. Otherwise, you may submit at our clinic at your convenience
- For ladies, urine tests should be done three days after the last day of menstruation.

\$68*

For 1 pax

(Group size min. 5pax)



HOME BASED HEALTH SCREENING PACKAGES



NO ADDITIONAL BLOOD-DRAWING REQUIREMENTS

PRICES WITH EFFECT FROM APRIL 2024		1-SERIES	3-SERIES	5-SERIES	7-SERIES	9-SERIES
PRICE PER PAX EXCLUDING GST MIX AND MATCH OF PACKAGES ALLOWED BUNDLE PRICES ARE ONLY APPLICABLE FOR SAME DAY AND LOCATION APPOINTMENT SURCHARGE IS APPLICABLE FOR SENTOSA AND JURONG ISLAND - \$30.00 (BEFORE GST)	1 PAX	N/A	N/A	\$248	\$368	\$488
	2 PAX			\$235	\$355	\$465
	3 PAX OR MORE	\$68	\$128	\$228	\$348	\$448
	5 PAX OR MORE					
Biometric Measurements	Blood Pressure	✓	✓	✓	✓	✓
	Height & Weight - Body Mass Index (BMI)	✓	✓	✓	✓	✓
Cholesterol Profile	Total Cholesterol	✓	✓	✓	✓	✓
	HDL Cholesterol	✓	✓	✓	✓	✓
	Total-Cholesterol/HDL ratio	✓	✓	✓	✓	✓
	LDL Cholesterol	✓	✓	✓	✓	✓
	Triglyceride	✓	✓	✓	✓	✓
Diabetes Screen	Fasting Blood Glucose	✓	✓	✓	✓	✓
	HbA1c* Triggered only if - Fasting blood glucose >126mg/dL - Non-Fasting blood glucose >198mg/dL	✓	✓	✓	✓	✓
Kidney Function	Urea	✓	✓	✓	✓	✓
	Creatinine	✓	✓	✓	✓	✓
	Potassium	✓	✓	✓	✓	✓
	Sodium	✓	✓	✓	✓	✓
	Chloride	✓	✓	✓	✓	✓
	Estimated Glomerular Filtration Rate (eGFR)	✓	✓	✓	✓	✓
Urinalysis	Urine FEME	✓	✓	✓	✓	✓
	Urine Microalbumin			✓	✓	✓
	Microalbumin/Creatinine Ratio			✓	✓	✓
Liver Profile	Total Bilirubin			✓	✓	✓
	Alkaline Phosphatase			✓	✓	✓
	SGPT (ALT)		✓	✓	✓	✓
	SGOT (AST)		✓	✓	✓	✓
	Gamma GT (GGT)		✓	✓	✓	✓
	Total Protein			✓	✓	✓
	Albumin			✓	✓	✓
	Globulin			✓	✓	✓
	Alb/Glob Ratio			✓	✓	✓
Bone & Joint Profile	Calcium		✓	✓	✓	✓
	Phosphate		✓	✓	✓	✓
	Uric Acid (Gout)		✓	✓	✓	✓
	Rheumatoid Arthritis Factor			✓	✓	✓
Thyroid Function	Thyroid Stimulating Hormone (TSH)		✓	✓	✓	✓
	Free Thyroxine* (FT4) Triggered only if TSH <0.27 pmol/L or >4.20 pmol/L		✓	✓	✓	✓
Haematology	Full Blood Count		✓	✓	✓	✓
	Erythrocyte Sedimentation Rate (ESR)		✓	✓	✓	✓
	Peripheral Blood Film		✓	✓	✓	✓
Hepatitis Profile	Hepatitis A			✓	✓	✓
	Hepatitis B			✓	✓	✓
Venereal Profile	VDRL (TPPA if reactive)			✓	✓	✓
Cardiac Risk	C-Reactive Protein (CRP)			✓	✓	✓
	Creatine Kinase (CK)			✓	✓	✓
	Framingham heart Analysis (10y Yr Risk)			✓	✓	✓
Cancer Markers	AFP (Liver)			✓	✓	✓
	CEA (Colon)			✓	✓	✓
	EBV (Nose)				✓	✓
	CA19.9 (Pancreas)				✓	✓
	Female	Male			✓	✓
	CA125 (Ovarian)	PSA (Prostate)			✓	✓
	CA15.3 (Breast)	Beta HCG (Testes)			✓	✓
Heart Screening (Special Lipids)	Apolipoprotein A1					✓
	Apolipoprotein B					✓
	Apo B/A1 Ratio					✓
Deficiency Screening	Vitamin D					CHOOSE ONE
	Anaemia Panel (Iron + Vitamin B12 + Folic Acid)					
Stool Test	Stool Occult Blood (Optional)					✓