

NEUBERGER BERMAN HOP PLAN \$410*

*Prices quoted before GST



DOCTOR CONSULTATION



BIOMETRIC TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition
Visual Acuity and Color Test



LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Cancer Markers

AFP (Liver)
CEA (Colon)
PSA (Prostate ♂)
CA125 (Ovarian) ♀

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (if TSH <0.40pmol/L or
>4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Venereal Profile

Syphilis TP Ab

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Stool Analysis

Stool Occult Blood

*Complimentary Flu Vaccination

Cardiac Profile

C-Reactive Protein

CLINICAL TEST (CHOOSE 4):



ELECTROCARDIOGRAPHY

Resting ECG



RADIOLOGY

Chest X-ray



BONE SCAN

Bone Mineral Densitometry



TONOMETRY

Eye Pressure



SPIROMETRY

Lung Function Test



Stomach Screen

Helicobacter Pylori Antibody
(Gastritis)



Cervical Cancer ♀ (+\$30*)

Thin Prep Pap Smear -
recommended every 3 year



CHOOSE 1 OF THE FOLLOWING:

Ultrasound Abdomen
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Kidney
Ultrasound Breast ♀
Mammogram ♀
Treadmill ECG



Light Refreshment



PERSONAL REPORT AND LIFESTYLE COUNSELLING



POST DOCTOR REVIEW