

IHP Wellness B (\$230)

- Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Body Fat Measurement | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading | Breast Examination
- Resting Electrocardiogram (ECG)
- Medical Report and Medical Review

Blood and Urine Investigations:

Renal (Kidney) Profile

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride

Endocrine (Gland) Function

Glucose (Fasting)

Bone/Joint Profile

Calcium Phosphate
Uric Acid

Liver Profile

Protein, Total
Albumin Globulin
A/G Ratio
Bilirubin, Total
Alkaline Phosphatase
Aspartate Aminotransferase (AST)
Alanine Aminotransferase (ALT)
GGT
SGPT
SGOT

Lipid (Fat) Profile

Cholesterol, Total
Triglycerides
Cholesterol, HDL
Cholesterol, LDL
Cho/HDL Ratio

Venereal Disease:

VDRL (& Titre if reactive)
TPHA (if VDRL is reactive)
RA Factor

Thyroid Screen:

Thyroxine, Free (FT4)

Tumour Markers Screen:

Colon: CEA
Liver: AFP

Hepatitis Screen:

Hepatitis A IgG Antibody
Hepatitis Bs Antibody
Hepatitis Bs Antigen

Haematology:**Haemogram**

- Haemoglobin
- Red Blood Cell Count
- Packed Cell Volume (HCT)
- Red Cell Indices
(MCV, MCH, MCHC)
- Platelets Count
- White Blood Cell Count

Differential Count

Peripheral Blood Film

Erythrocyte Sedimentation Rate
(ESR)

Urine:

Urine FEME

Stool Screen:

Stool Occult Blood



IHP Wellness C (\$320)

- Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Body Fat Measurement | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading | Breast Examination
- Chest X-ray
- Resting Electrocardiogram (ECG)
- Medical Report and Medical Review

Blood and Urine Investigations:

Renal (Kidney) Profile

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride

Endocrine (Gland) Function

Glucose (Fasting)

Bone/Joint Profile

Calcium Phosphate
Uric Acid

Liver Profile

Protein, Total
Albumin
Globulin
A/G Ratio
Bilirubin, Total
Alkaline Phosphatase
Aspartate Aminotransferase (AST)
Alanine Aminotransferase (ALT)
GGT
SGPT
SGOT

Lipid (Fat) Profile

Cholesterol, Total
Triglycerides
Cholesterol, HDL
Cholesterol, LDL
Cho/HDL Ratio

Venereal Disease:

VDRL (& Titre if reactive)
TPHA (if VDRL is reactive)
RA Factor

Thyroid Screen:

Thyroxine, Free (FT4)
TSH

Tumour Markers Screen:

Colon: CEA
Liver: AFP
Prostate: PSA (For Men)
Ovarian: CA125 (For Ladies)

Hepatitis Screen:

Hepatitis A IgG Antibody
Hepatitis Bs Antibody
Hepatitis Bs Antigen

Haematology:**Haemogram**

- Haemoglobin
- Red Blood Cell Count
- Packed Cell Volume (HCT)
- Red Cell Indices
(MCV, MCH, MCHC)
- Platelets Count
- White Blood Cell Count

Differential Count

Peripheral Blood Film

Erythrocyte Sedimentation Rate
(ESR)

Urine:

Urine FEME

Stool Screen:

Stool Occult Blood

IHP Wellness D (\$450)

- Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Body Fat Measurement | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading | Breast Examination
- Chest X-ray
- Resting Electrocardiogram (ECG)
- Select 1 out of 4:
 - Treadmill ECG (Male/Female)
 - Ultrasound Abdomen (Male/Female)
 - Ultrasound Prostate (Male)
 - Ultrasound Breast (Female)
- Medical Report and Medical Review

Blood and Urine Investigations:

Renal (Kidney) Profile

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride

Endocrine (Gland) Function

Glucose (Fasting)

Bone/Joint Profile

Calcium Phosphate
Uric Acid

Liver Profile

Protein, Total
Albumin
Globulin
A/G Ratio
Bilirubin, Total
Alkaline Phosphatase
Aspartate Aminotransferase (AST)
Alanine Aminotransferase (ALT)
GGT
SGPT
SGOT

Lipid (Fat) Profile

Cholesterol, Total
Triglycerides
Cholesterol, HDL
Cholesterol, LDL
Cho/HDL Ratio

Venereal Disease:

VDRL (& Titre if reactive)
TPHA (if VDRL is reactive)
RA Factor

Thyroid Screen:

Thyroxine, Free (FT4)
TSH

Tumour Markers Screen:

Colon: CEA
Liver: AFP
Prostate: PSA (For Men)
Ovarian: CA125 (For Ladies)
Pancreas: CA 19.9

Hepatitis Screen:

Hepatitis A IgG Antibody
Hepatitis Bs Antibody
Hepatitis Bs Antigen

Haematology:

Haemogram

- Haemoglobin
- Red Blood Cell Count
- Packed Cell Volume (HCT)
- Red Cell Indices
(MCV, MCH, MCHC)
- Platelets Count
- White Blood Cell Count

Differential Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate (ESR)

Urine:

Urine FEME

Stool Screen:

Stool Occult Blood



IHP Wellness E (\$600)

- Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Body Fat Measurement | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading | Breast Examination
- Chest X-ray
- Resting Electrocardiogram (ECG)
- Tonometry
- **Select 2 out of 7:**
 - Treadmill ECG (Male/Female) ▪ Ultrasound Liver (Male/Female)
 - Ultrasound Pelvis (Female) ▪ Mammogram Breasts (Female)
 - Ultrasound Prostate (Male) ▪ Ultrasound Breasts (Female)
 - Ultrasound Abdomen (Male/Female)
- Medical Report and Medical Review

Blood and Urine Investigations:

Renal (Kidney) Profile

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride

Endocrine (Gland) Function

Glucose (Fasting)

Bone/Joint Profile

Calcium Phosphate
Uric Acid

Liver Profile

Protein, Total
Albumin
Globulin
A/G Ratio
Bilirubin, Total
Alkaline Phosphatase
Aspartate Aminotransferase (AST)
Alanine Aminotransferase (ALT)
GGT
SGPT
SGOT

Lipid (Fat) Profile

Cholesterol, Total
Triglycerides
Cholesterol, HDL
Cholesterol, LDL
Cho/HDL Ratio

Venereal Disease:

VDRL (& Titre if reactive)
TPHA (if VDRL is reactive)
RA Factor

Thyroid Screen:

Thyroxine, Free (FT4)
TSH

Tumour Markers Screen:

Colon: CEA
Liver: AFP
Prostate: PSA (For Men)
Ovarian: CA125 (For Ladies)
Pancreas: CA 19.9

Hepatitis Screen:

Hepatitis A IgG Antibody
Hepatitis Bs Antibody
Hepatitis Bs Antigen

Haematology:

Haemogram

- Haemoglobin
- Red Blood Cell Count
- Packed Cell Volume (HCT)
- Red Cell Indices
(MCV, MCH, MCHC)
- Platelets Count
- White Blood Cell Count

Differential Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate (ESR)

Urine:

Urine FEME

Stool Screen:

Stool Occult Blood

IHP Wellness F (\$750)

- Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Body Fat Measurement | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading | Breast Examination
- Chest X-ray
- Resting Electrocardiogram (ECG)
- Tonometry
- **Select 2 out of 7:**
 - Treadmill ECG (Male/Female)
 - Ultrasound Liver (Male/Female)
 - Ultrasound Pelvis (Female)
 - Mammogram Breasts (Female)
 - Ultrasound Breasts (Female)
 - Ultrasound Prostate (Male)
 - Ultrasound Abdomen (Male/Female)
- Medical Report and Medical Review

Blood and Urine Investigations:

Renal (Kidney) Profile

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride

Endocrine (Gland) Function

Glucose (Fasting)

Bone/Joint Profile

Calcium Phosphate
Uric Acid
Rheumatoid Arthritis Factor
Phosphate

Liver Profile

Protein, Total
Albumin
Globulin
A/G Ratio
Bilirubin, Total
Alkaline Phosphatase
Aspartate Aminotransferase (AST)
Alanine Aminotransferase (ALT)
GGT
SGPT
SGOT

Lipid (Fat) Profile

Cholesterol, Total
Triglycerides
Cholesterol, HDL
Cholesterol, LDL
Cho/HDL Ratio

Venereal Disease:

VDRL (& Titre if reactive)
TPHA (if VDRL is reactive)
RA Factor

Thyroid Screen:

Thyroxine, Free (FT4)
TSH

Tumour Markers Screen:

Colon: CEA
Liver: AFP
Prostate: PSA (For Men)
Ovarian: CA125 (For Ladies)
Pancreas: CA 19.9

Hepatitis Screen:

Hepatitis A IgG Antibody
Hepatitis Bs Antibody
Hepatitis Bs Antigen
Hepatitis C Antibody

Haematology:

Haemogram

- Haemoglobin
- Red Blood Cell Count
- Packed Cell Volume (HCT)
- Red Cell Indices (MCV, MCH, MCHC)
- Platelets Count
- White Blood Cell Count

Differential Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate (ESR)

Cardiac Risk Profile

hs C-Reactive Protein (hsCRP)

Urine:

Urine FEME

Stool Screen:

Stool Occult Blood



IHP Wellness G (\$1000)

- Physical Examination by Doctor
Examination of Heart, Lungs and Abdomen | Neurological and Musculoskeletal Examination | Height and Weight Measurements | Body Mass Index (BMI) | Body Fat Measurement | Visual Acuity and Colour Blindness Tests | Blood Pressure Reading | Breast Examination
- Chest X-ray
- Resting Electrocardiogram (ECG)
- Tonometry
- **Select 3 out of 8:**
 - Treadmill ECG (Male/Female)
 - Ultrasound Liver (Male/Female)
 - Ultrasound Pelvis (Female)
 - Mammogram Breasts (Female)
 - Ultrasound Breast (Female)
 - Ultrasound Prostate (Male)
 - Bone Mineral Density (Male/Female)
 - Ultrasound Abdomen (Male/Female)
- Medical Report and Medical Review

Blood and Urine Investigations:

Renal (Kidney) Profile

Urea
Creatinine
Bicarbonate
Potassium
Sodium
Chloride

Endocrine (Gland) Function

Glucose (Fasting)

Bone/Joint Profile

Calcium Phosphate
Uric Acid
Rheumatoid Arthritis Factor
Phosphate

Liver Profile

Protein, Total
Albumin
Globulin
A/G Ratio
Bilirubin, Total
Alkaline Phosphatase
Aspartate Aminotransferase (AST)
Alanine Aminotransferase (ALT)
GGT
SGPT
SGOT

Lipid (Fat) Profile

Cholesterol, Total
Triglycerides
Cholesterol, HDL
Cholesterol, LDL
Cho/HDL Ratio

Venereal Disease:

VDRL (& Titre if reactive)
TPHA (if VDRL is reactive)
RA Factor

Thyroid Screen:

Thyroxine, Free (FT4)
TSH

Tumour Markers Screen:

Colon: CEA
Liver: AFP
Prostate: PSA (For Men)
Ovarian: CA125 (For Ladies)
Pancreas: CA 19.9
Nose: EBV

Hepatitis Screen:

Hepatitis A IgG Antibody
Hepatitis Bs Antibody
Hepatitis Bs Antigen
Hepatitis C Antibody

Haematology:

Haemogram

- Haemoglobin
- Red Blood Cell Count
- Packed Cell Volume (HCT)
- Red Cell Indices (MCV, MCH, MCHC)
- Platelets Count
- White Blood Cell Count

Differential Count
Peripheral Blood Film
Erythrocyte Sedimentation Rate (ESR)

Cardiac Risk Profile

hs C-Reactive Protein (hsCRP)

Immunology

Helicobacter pylori

Urine:

Urine FEME

Stool Screen:

Stool Occult Blood