



ALLIANCE™

Personalised Health.
Empowering Care.

ALLIANCE HEALTHCARE – EXECUTIVE HEALTH SCREENING PROPOSAL

Detailed Medical Review with Physical Examination

Physical Examination | Weight/Height/BMI | Blood Pressure (BP) | Eye Screening | Body Composition Analysis | PAP Smear (Female only)

Diabetic Screening

Fasting Glucose
HbA1C*

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Triglycerides
Cholesterol Ratio

Cardiac Risk

High Sensitive CRP (HsCRP)

VDRL & HIV Serology

VDRL/RPR
THPA (if VDRL positive)
HIV

Haematology

Haemoglobin
Total RB Cells
Differential Count
Platelets
MCV, MCH, MCHC
PBF
Haematocrit (HCT/PCV)
ESR

Cancer Marker

CEA (Colon)
AFP (Liver)
PSA (Prostate-Male)
CA 125 (Ovaries-Female)

Thyroid Function

Free T4
TSH

Liver Functions

Total Protein
Albumin
Globulin
Total Bilirubin
Alkaline Phosphatase
A/G Ratio
SGPT
SGOT
GGT

Urine Test

Urine Analysis (Urine FEME)

Stool Test

Stool Analysis (Occult Blood)

Kidney Functions

Urea
Creatinine
Potassium
Chloride
Sodium

Bone & Joint Screen

Calcium
Phosphate
Uric Acid (Gout)

Hepatitis A & B Screen

Hepatitis Bs Ag
Hepatitis Bs Ab
Hepatitis A Ab



Bone & Joint Screen

RA Factor

Cancer Marker

CEA (Colon)

AFP (Liver)

PSA (Prostate-Male)

CA 125 (Ovaries-Female)

Resting ECG

Choose 1 of the following 3 Tests

Chest x-Ray

Spirometry

Tonometry

Choose 1 of the following 6 Tests*

Ultrasound Liver

Ultrasound Prostate (Male Only)

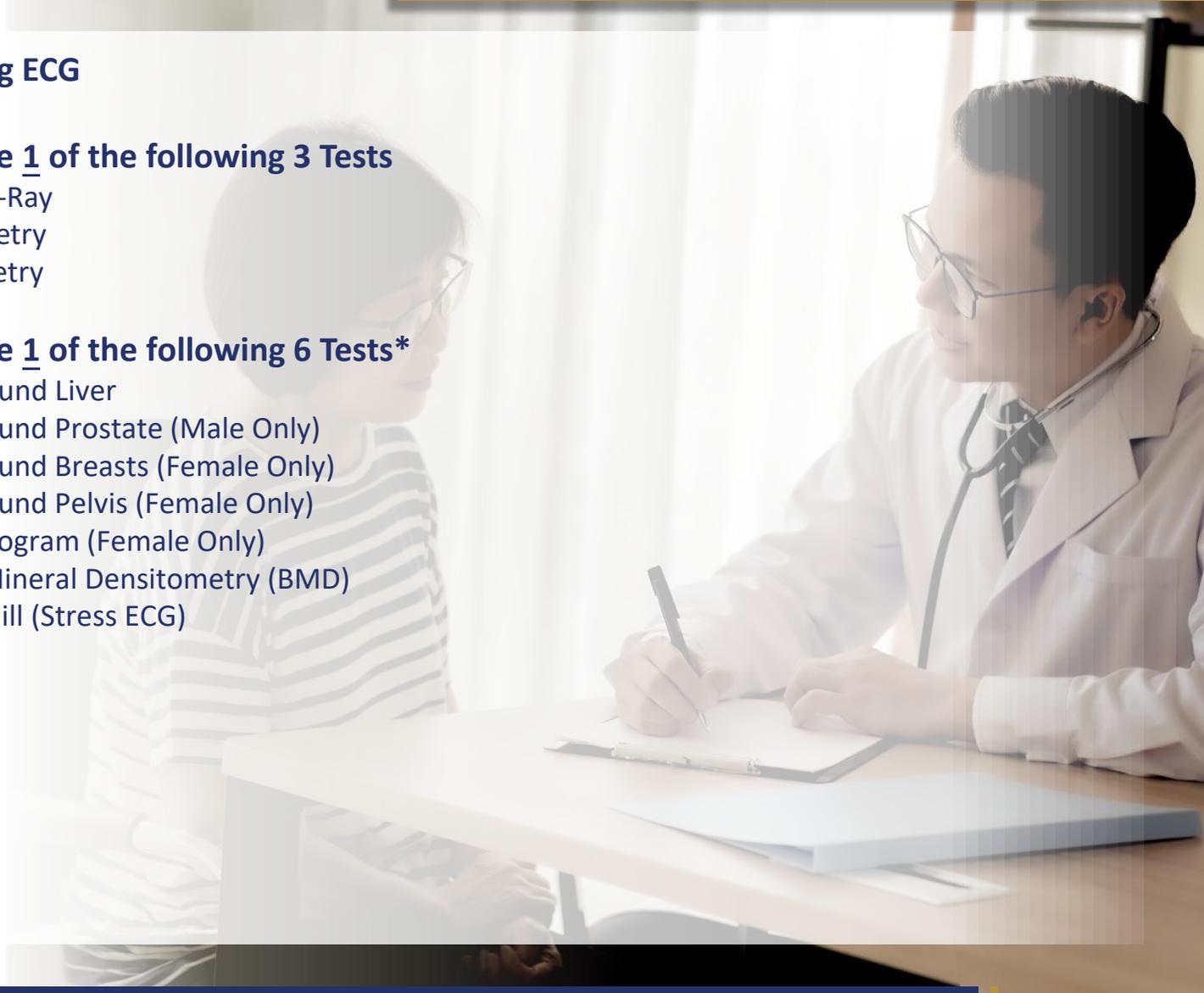
Ultrasound Breasts (Female Only)

Ultrasound Pelvis (Female Only)

Mammogram (Female Only)

Bone Mineral Densitometry (BMD)

Treadmill (Stress ECG)



Hepatitis C Screen*

Hep C Ab*

Cancer Marker

EBV (Nose)*

CA 19.9 (Pancreas)* PSA

Resting ECG

Choose 1 of the following 3 Tests

Chest x-Ray

Spirometry

Tonometry

Choose 2* of the following 7 Tests

Ultrasound Abdomen*

Ultrasound Liver

Ultrasound Prostate (Male Only)

Ultrasound Breasts (Female Only)

Ultrasound Pelvis (Female Only)

Mammogram (Female Only)

Bone Mineral Densitometry (BMD)

Treadmill (Stress ECG)

***New in this package**

Hepatitis C Screen*

Hep C Ab*

Cancer Marker

EBV (Nose)*

CA 19.9 (Pancreas)*

Beta HCG* (Male)

CA 15-3 (Breast-
Female)***Resting ECG****Choose 1 of the following 3 Tests**

Chest x-Ray

Spirometry

Tonometry

Choose 3* of the following 7 Tests

Ultrasound Abdomen

Ultrasound Liver

Ultrasound Prostate (Male Only)

Ultrasound Breasts (Female Only)

Ultrasound Pelvis (Female Only)

Mammogram (Female Only)

Bone Mineral Densitometry (BMD)

Treadmill (Stress ECG)

***New in this package**

Health Screening Centres for
**AHC SUPREME, AHC PLATINUM
& AHC PRESTIGE**

Personalised Health.
Empowering Care.



Health Outreach Programme (HOP)

HOP Medical Centre

390 Orchard Road
#11-04 Palais Renaissance
Singapore 238871

Contact: 6589 0009

Email: medicalcentre@hop.sg

Operating Hours:

Mon to Fri 9.00am to 5.00pm
Sat 9.00am to 12.00pm
Closed on Sundays and
Public Holidays





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*A faster
way to
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