

HEALTH SCREENING

EXECUTIVE PACKAGE

GlobalFoundries



AN ELEVATED EXPERIENCE

Providing you a range of comprehensive and quality services. Our executive package have been curated and designed with your health and concerns in mind.

Receive tailored recommendations during your screening by medical professionals and rest easy as you gain deep insights into your health.



CARE AND COMFORT

Enjoy a peaceful ambience as we take you through your health journey.

We provide high-touch care throughout the screening to ensure that you are comfortable and relaxed during your important day.





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CONVENIENCE

SCREEN AT ORCHARD

PALAIS RENAISSANCE, 390
ORCHARD ROAD, #11-03/04,
S238871

HOP Medical Centre is conveniently located at Orchard Road - Palais Renaissance. An upmarket and prime shopping mall where quality meets luxury. Our screening centre is just a **5- mins walk** from Orchard MRT and is equipped with the best and latest medical equipment to meet your needs.

EXECUTIVE PACKAGE \$448*



INCLUDES:

DOCTOR CONSULTATION

CLINICAL TESTS

Height and Weight
BMI
Blood Pressure
Full Body Composition

LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c (where applicable)

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME
Urine Microalbumin
Urine Creatinine
Microalbumin/Creatinine Ratio

Hepatitis Profile

Hepatitis A
Hepatitis B

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L or >4.70 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)
Rheumatoid Arthritis

Cancer Markers

CHOOSE 4 OF THE FOLLOWING:

AFP (Liver)
CEA (Colon)
CA19.9 (Pancreas)
PSA (Prostate) ♂
CA125 (Ovarian) ♀
CA15.3 (Breast) ♀

Cardiac Profile

Hs-CRP

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

HIV Profile

HIV

Stool Analysis

Stool Occult Blood

PAP Smear ♀

Thin Prep - recommended once every 3 years

CLINICAL TEST:


 **ELECTROCARDIOGRAPHY**
ECG

 **TONOMETRY**
Eye Pressure

 **RADIOLOGY**
Chest X-ray

CHOOSE 1 OF THE FOLLOWING:

Ultrasound Abdomen
Ultrasound Prostate ♂
Ultrasound Pelvis ♀
Ultrasound Thyroid
Ultrasound Breast ♀
Mammogram ♀
Bone Mineral Densitometry (Heel)
Treadmill

 **PERSONAL REPORT AND LIFESTYLE COUNSELLING**

HEALTH SCREENING PREPARATION

To bring

- NRIC/FIN/Passport

Note: Please display your GF Pass for verification before proceeding for your health screening.

To prepare

- Fast for at least 8 hrs - plain water is allowed
- Omit your diabetic medication till after your appointment
- You may consume all other chronic medication as required.
- Please postpone your appointment if you are unwell.



GETTING READY FOR YOUR TESTS ...

Urine Test

- At least ½ of the bottle
- Take Mid-stream portion
- No fasting required
- No overnight urine

Stool Test

- No fasting required
- Overnight stool is acceptable
- Avoid contact with urine or water
- Using the stick provided, scoop a small amount of stool
- Avoid red meat and iron supplements 3 days before collecting the sample

For Ladies

- Urine/Stool to be done at least 5 days after your menstruation

Ultrasounds

- Abdominal / Hepatobiliary System Ultrasound
 - Fast for at least 8 hrs
 - Avoid smoking at least 2hrs before examination
- Prostate / Pelvis Ultrasound
 - Drink 5 to 6 glasses of water 1 hr before your scan
 - Avoid urination, full bladder is required



X-Ray

- If you are pregnant, please avoid this test
- Please inform us if you had a chest x-ray in the preceding 6-months.

Pap Smear (Ladies)

- To be done at least 5 days after your menstruation
- Avoid sexual intercourse, use of creams, medication, spermicides or tampons 2 days prior to your appointment

Mammogram (Ladies)

- If you are pregnant, please avoid this test.
- Examination should be done at least 1 week after your menstruation.
- Avoid perfumes, powders, deodorants and creams at your chest or underarm areas.

Treadmill

- Avoid caffeinated food and drinks on the day of your test.
- Bring along your sports attire and running shoes.
- You are encouraged to bring a spare set of clothes to change after the test.
- Please inform our doctor in advance if you have any known heart conditions

Tonometry

- Bring along your spectacles (if applicable)
- Remove contact lens 30mins before tonometry

ECG

- Please wear a 2-piece outfit as electrodes will be placed on your chest.

POST SCREENING

- Your health screening report will be sent to you within 7 working days. (excluding weekends, PH and eve of PH).
- *Contact us for a post screening review with our Doctor*

THINGS TO TAKE NOTE

- Kindly arrive on time for your appointment. **Rescheduling** of appointments to be made at least 48 hours in advance us **via 6589 0009**
- Depending on your selected package, your screening may take **between 1 to 3 hrs.**
- A **time chit** can be provided for your screening appointment.
- **If you are pregnant**, it is not recommended to undergo executive health screening.

BOOK AN APPOINTMENT



ROOMS
1-2

HOP Medical Centre

390 Orchard Road, Palais Renaissance,
#11-03/04, Singapore 238871



Tel: 6589 0009 | Medicalcentre@hop.sg



Mon to Fri: 8.30am to 5.00pm
Sat: 9.00am to 12.00pm

BOOK NOW

*All prices before GST



SCAN THE QR
CODE TO BOOK
AN APPOINTMENT
NOW

[CLICK HERE TO BOOK AN APPOINTMENT](#)