

Femmily Health Screening Packages



HEALTH SCREENING

PRE-MARITAL & POST
NATAL



AN ELEVATED EXPERIENCE

Providing you a range of comprehensive and quality services. Our executive packages have been curated and designed with your health and concerns in mind.

Receive tailored recommendations during your screening by medical professionals and rest easy as you gain deep insights into your health.



CARE AND COMFORT

Enjoy a peaceful ambience as we take you through your health journey.

We provide high-touch care throughout the screening to ensure that you are comfortable and relaxed during your important day.





SCREEN AT ORCHARD

PALAIS RENAISSANCE, 390
ORCHARD ROAD, #11-03/04,
S238871

CONVENIENCE

HOP Medical Centre is conveniently located at Orchard Road - Palais Renaissance. An upmarket and prime shopping mall where quality meets luxury. Our screening centre is just a **5-mins walk** from Orchard MRT and is equipped with the best and latest medical equipment to meet your needs.

PRE-MARITAL

\$220*

NO FASTING REQUIRED

INCLUDES:

MAS01NF+ ANT12 +ANE04 + VD



CLINICAL TESTS

Height and Weight
BMI
Blood Pressure



LABORATORY TESTS

Liver Profile

SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)

Diabetes Profile

Blood Glucose
HbA1c

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME

Hepatitis Profile

Hepatitis B

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L
or >4.20 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)

Iron Studies

Iron
Ferritin
Total Iron Binding Capacity
% Iron Saturation

Venereal Profile

Syphilis TP Ab

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film
ABO Blood Group

Pre-marital Screen

Hb Electrophoresis
Rubella IgG Antibody

ADD-ONS

Ultrasound

Pelvis Ultrasound + \$130

Venereal Profile

HIV Ag/Ab Screen \$35



POST SCREENING DOCTOR CONSULTATION



PERSONAL REPORT

* PRICE BEFORE GST

HOP Medical Centre - Palais Renaissance #11-04 S238871

POST NATAL

\$280*

NO FASTING REQUIRED

INCLUDES:



CLINICAL TESTS

Height and Weight
BMI
Blood Pressure



LABORATORY TESTS

Liver Profile

Total Bilirubin
Alkaline Phosphatase
SGPT (ALT)
SGOT (AST)
Gamma GT (GGT)
Total Protein
Albumin
Globulin
Alb/Glob Ratio

Diabetes Profile

Blood Glucose
HbA1c

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
Cholesterol Ratio
Triglycerides

Kidney Profile

Urea
Creatinine
Potassium
Sodium
Chloride
EGFR

Urinalysis

Urine FEME

Thyroid Profile

TSH
FT4 (If TSH is <0.40 pmol/L
or >4.20 pmol/L)

Bone and Joint Profile

Calcium
Phosphate
Uric Acid (Gout)

Hematology

Full Blood Count
Hb Indices
ESR
Peripheral Blood Film

Deficiency Screen

Iron
Ferritin
Total Iron Binding Capacity
% Iron Saturation
Vitamin B12
Folic Acid
Vitamin D

MAS02NF+ANE07++VIT+FOBT

Stool Analysis

Stool Occult Blood

ADD-ONS

Papsmear (Thin Prep) +\$60
HPV DNA +\$180 (Every 5 yrs)



POST SCREENING DOCTOR CONSULTATION



PERSONAL REPORT

*PRICE BEFORE GST



PREPARATION FOR SCREENING

TO BRING AND PREPARE:

01

To bring:

- NRIC/FIN/Passport
- Recent Medical Reports
- Referral letter (if applicable)

02

To prepare:

- Fasting is not required
- Omit your diabetic medication till after your appointment
- You may consume all other chronic medication as required.
- Please postpone your appointment if you are unwell.
- Screening will last between 30 mins to 1.5 hrs depending on your package

TEST SPECIFIC PREPARATIONS:

Ultrasound

- Pelvis Ultrasound
 - Drink 5 to 6 glasses of water 1-hr before your scan.
 - Avoid urination

Urine Test

- To be done at least 5 days after your menstruation (Ladies)

PAP Smear Thin Prep (Ladies)

- To be done at least 5 days after your menstruation
- Avoid sexual intercourse, use of creams, medication, spermicides or tampons 2 days prior to your appointment

RESULTS IN 7 TO 10 WORKING DAYS

ARRANGE POST-SCREENING CONSULTATION