

HOMEBASED HEALTH SCREENING PACKAGES



NO ADDITIONAL BLOOD-DRAWING REQUIREMENTS

| PRICES WITH EFFECT FROM 1 JUNE 2022 | | 1-SERIES | 3-SERIES | 5-SERIES | 7-SERIES | 9-SERIES |
|--|---|----------------|----------|----------|----------|------------|
| PRICE PER PAX EXCLUDING GST | | 1 PAX | \$138 | \$248 | \$368 | \$488 |
| MIX AND MATCH OF PACKAGES ALLOWED | | 2 PAX | N/A | \$135 | \$235 | \$355 |
| BUNDLE PRICES ARE ONLY APPLICABLE FOR SAME DAY AND LOCATION APPOINTMENT | | 3 PAX OR MORE | | \$128 | \$228 | \$348 |
| SURCHARGE OF \$32.10 (INCLUDING GST) IS APPLICABLE FOR SENTOSA AND JURONG ISLAND | | 5 PAX OR MORE | \$58 | | | |
| Biometric Measurements | Blood Pressure | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Height & Weight - Body Mass Index (BMI) | ✓ | ✓ | ✓ | ✓ | ✓ |
| Cholesterol Profile | Total Cholesterol | ✓ | ✓ | ✓ | ✓ | ✓ |
| | HDL Cholesterol | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Total-Cholesterol/HDL ratio | ✓ | ✓ | ✓ | ✓ | ✓ |
| | LDL Cholesterol | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Triglyceride | ✓ | ✓ | ✓ | ✓ | ✓ |
| Diabetes Screen | Fasting Blood Glucose | ✓ | ✓ | ✓ | ✓ | ✓ |
| | HbA1c* (Fasting blood glucose above 7mmol) | ✓ | ✓ | ✓ | ✓ | ✓ |
| Kidney Function | Urea | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Creatinine | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Potassium | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Sodium | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Chloride | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Estimated Glomerular Filtration Rate (eGFR) | ✓ | ✓ | ✓ | ✓ | ✓ |
| Urinalysis | Urine FEME | ✓ | ✓ | ✓ | ✓ | ✓ |
| | Urine Microalbumin | | | ✓ | ✓ | ✓ |
| | Microalbumin/Creatinine Ratio | | | ✓ | ✓ | ✓ |
| Liver Profile | Total Bilirubin | | | ✓ | ✓ | ✓ |
| | Alkaline Phosphatase | | | ✓ | ✓ | ✓ |
| | SGPT (ALT) | | ✓ | ✓ | ✓ | ✓ |
| | SGOT (AST) | | ✓ | ✓ | ✓ | ✓ |
| | Gamma GT (GGT) | | ✓ | ✓ | ✓ | ✓ |
| | Total Protein | | | ✓ | ✓ | ✓ |
| | Albumin | | | ✓ | ✓ | ✓ |
| | Globulin | | | ✓ | ✓ | ✓ |
| Bone & Joint Profile | Alb/Glob Ratio | | | ✓ | ✓ | ✓ |
| | Calcium | | ✓ | ✓ | ✓ | ✓ |
| | Phosphate | | ✓ | ✓ | ✓ | ✓ |
| | Uric Acid (Gout) | | ✓ | ✓ | ✓ | ✓ |
| Thyroid Function | Rheumatoid Arthritis Factor | | | ✓ | ✓ | ✓ |
| | Thyroid Stimulating Hormone (TSH) | | ✓ | ✓ | ✓ | ✓ |
| | Free Thyroxine (FT ₄) (If TSH is <0.40 pmol/L or >4.70 pmol/L) | | ✓ | ✓ | ✓ | ✓ |
| Haematology | Full Blood Count | | ✓ | ✓ | ✓ | ✓ |
| | Erythrocyte Sedimentation Rate (ESR) | | ✓ | ✓ | ✓ | ✓ |
| | Peripheral Blood Film | | ✓ | ✓ | ✓ | ✓ |
| Hepatitis Profile | Hepatitis A | | | ✓ | ✓ | ✓ |
| | Hepatitis B | | | ✓ | ✓ | ✓ |
| Venereal Profile | VDRL (TPPA if reactive) | | | ✓ | ✓ | ✓ |
| Cardiac Risk | C-Reactive Protein (CRP) | | | ✓ | ✓ | ✓ |
| | Creatine Kinase (CK) | | | ✓ | ✓ | ✓ |
| | Framingham heart Analysis (10y Yr Risk) | | | ✓ | ✓ | ✓ |
| Cancer Markers | AFP (Liver) | | | ✓ | ✓ | ✓ |
| | CEA (Colon) | | | ✓ | ✓ | ✓ |
| | EBV (Nose) | | | | ✓ | ✓ |
| | CA19.9 (Pancreas) | | | | ✓ | ✓ |
| | Female | Male | | | ✓ | ✓ |
| | CA125 (Ovarian) | PSA (Prostate) | | | ✓ | ✓ |
| CA15.3 (Breast) | Beta HCG (Testes) | | | ✓ | ✓ | |
| Heart Screening (Special Lipids) | Apolipoprotein A1 | | | | | ✓ |
| | Apolipoprotein B | | | | | ✓ |
| | Apo B/A1 Ratio | | | | | ✓ |
| Deficiency Screening | Vitamin D | | | | | CHOOSE ONE |
| | Anaemia Panel (Iron + Vitamin B12 + Folic Acid) | | | | | |

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CANCER MARKERS

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| 2 | <p>OVARIAN SCREENING (CA125) 卵巢检查 – Female</p> <p>CA125 (Cancer Antigen-125) is a protein produced by the body that can be elevated in many gynaecological conditions (both cancerous and non-cancerous), however women with ovarian cancer are particularly prone to have very high levels of CA125 in their blood. Ovarian cancer is difficult to detect as it tends to have minimal symptoms at the early stages and no other effective forms of screening unlike Pap smear for cervical cancer.</p> | \$45* |
| 3 | <p>PROSTATE SCREENING (PSA) 前列腺检查 – Male</p> <p>PSA is a form of protein produced by the cells of the prostate and is used to screen men for prostate disorders such as cancer, prostatitis (inflammation of the prostate) and benign prostatic hyperplasia (enlargement of the prostate).</p> | \$45* |
| 4 | <p>NASOPHARYNGEAL SCREENING (EBV) 鼻咽检查</p> <p>Epstein-Barr Virus (EBV) is a common virus that can cause a variety of diseases; however, it is seldom diagnosed during the acute illness (which can mimic a bad flu). The issue with this virus is that exposure or chronic infection can be linked to several rare cancers, including Nasopharyngeal Carcinoma, which is hard to detect early and requires further investigation by the ENT specialist.</p> | \$45* |
| 5 | <p>PANCREATIC SCREENING (CA19.9) 胰腺检查</p> <p>CA 19.9 is typically elevated in many conditions involving the hepatobiliary tract (liver and bile ducts) however the most important of which is pancreatic cancer. The pancreas is an important organ of the digestive tract which also produces insulin, and early pancreatic cancer tends to be asymptomatic.</p> | \$45* |
| 6 | <p>BREAST SCREENING (CA15.3) 乳腺检查 – Female</p> <p>CA15.3 when used in conjunction with other clinical and diagnostic procedures is useful for monitoring the cause of disease and therapy in metastatic breast cancer.</p> | \$45* |
| 7 | <p>BETA HCG (Testes) 绒毛膜促性腺激素 – Male</p> <p>An elevated serum beta-HCG in males is highly suggestive of germ cell tumours in the testes, which is rare but unfortunately tends to be aggressive testicular cancers in post-pubertal males.</p> | \$45* |

HEART SCREENING

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| 8 | <p>C-REACTIVE PROTEIN (CRP) C-反应蛋白</p> <p>Also known as Cardio-Vascular Disease Risk Factor. This measures general levels of inflammation in your body. Recent research shows that having a high C-Reactive Protein (CRP) increases your risk of suffering a heart attack or stroke by twice as much as having high cholesterol.</p> | \$45* |
| 9 | <p>CARDIAC PROFILE TEST (AA1 + APB) 心脏剖面试验</p> <p>Apolipoprotein A1 载脂蛋白A1 (AA1) Apolipoprotein A1 is a major component of HDL (High-density Lipoprotein) and is a lipid binding protein. It helps to clear fats including cholesterol from white blood cells within artery walls.</p> <p>Apolipoprotein B 载脂蛋白B (APB) Apolipoprotein B is an important component of lipoproteins involved in blockages of arteries (coronary atherosclerosis*) with concentrations that tend to mirror those of LDL-C (bad cholesterol).</p> <p>Measuring both Apolipoprotein A1 and Apolipoprotein B have been shown to be an effective tool in predicting risk of cardiovascular disease, more so than the basic lipid profile (the usual in standard health screenings). This can be helpful in patients who are already known to have an elevated basic lipid profile, or with significant family history of lipid and cardiovascular disease / stroke.</p> | \$80* |

DEFICIENCY SCREENING

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| 10 | <p>VITAMIN D (VIT) 维生素 D 试验</p> <p>Vitamin D deficiency is considered a first world epidemic with an estimated 1 billion people worldwide suffering from Vitamin D deficiency or insufficiency, in particular city dwellers with limited exposure to sunlight or insufficient dietary supplementation. Vitamin D deficiency directly impacts on the risk of osteoporosis for both males and females (even before menopause) and it may also be linked to other metabolic conditions (e.g., diabetes), weakened immune systems and increased risks of certain cancers (e.g., breast and colon).</p> | \$80* |
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Private & Confidential

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| 11 | <p>ANAEMIC PANEL (GS1987) (Iron + Vitamin B12 + Folic Acid) 贫血症状 (缺铁性质 + 维生素 B12 + 叶酸)</p> <p>Many non-specific health complaints are related to Anaemic deficiencies (low blood Haemoglobin in the basic Full Blood Count), and these measurements help guide supplementation, treatments, or further investigations.</p> <p>Direct measurement of Iron concentrations are especially helpful in patients who might have a nutritional deficiency (vegetarians), absorption issue (digestive tract complaints such as frequent gastric discomfort or diarrhoea) and / or those already known to have anaemia (e.g., from heavy menstruation or haematological conditions such as Thalassemia or bone marrow disease).</p> | \$80* |
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STOMACH SCREENING

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| 12 | <p>HELICOBACTER PYLORI (HPY) 幽门螺杆菌试验幽</p> <p>Helicobacter Pylori are spiral-shaped bacteria that grows in the digestive tract that attacks the lining of the stomach and are responsible for as much as 80% of ulcers in the stomach and duodenum. More importantly, chronic infection by this bacteria can cause cancerous change to the stomach lining and it is not easily eradicated with standard antibiotics. The H-pylori IgG blood test can be used to detect if a person is exposed to this bacterium. Exposure with persistent symptoms may warrant referral to a GI specialist for further evaluation.</p> | \$45* |
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PRE-MARITAL SCREENING

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| 13A | <p>HB ELECTROPHORESIS 血红蛋白电泳</p> <p>Thalassemia (Thal) is a genetic blood disorder that causes the body to produce insufficient normal haemoglobin. It can be passed down to a child. Serious birth complications (Thal major) may arise if both parents are inherited with such a disorder. Parents with just one defective copy of the Thal gene are usually asymptomatic carriers and are often unaware of their status if they have not been screened at birth (e.g., their own parents were untested carriers).</p> | \$65* |
| 13B | <p>HB ELECTROPHORESIS (HBEP) + RUBELLA IGG (RUG) 血红蛋白电泳 + 风疹免疫球蛋白 G - Female</p> <p>This test is suited for females planning to start a family. Rubella infection may often be mild to adults but can cause profound harm to unborn babies with no effective treatment. Current effective Rubella vaccinations consist of a live virus, which is not advisable to be given during pregnancy. Hence it is highly recommended to check for immunity and get protected against this virus BEFORE conception.</p> | \$90* |

HEPATITIS SCREENING

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| 14 | <p>HEPATITIS C (HCV) 丙型肝炎抗体测试</p> <p>Hepatitis C is a less well-known infectious liver disease caused by Hepatitis C Virus (HCV), mainly contracted via blood contamination but also possible through high-risk sexual intercourse. While a few patients may realize symptoms including fever, jaundice (yellow colour in the skin or eyes), loss of appetite and fatigue, like Hepatitis B many might be asymptomatic carriers and may have chronic Hepatitis C infection which can lead to liver cancer or cirrhosis. It can also be transmissible to your partner.</p> | \$45* |
| 15 | <p>HEPATITIS A & B (GLH) 甲和乙型肝炎</p> <p>Hepatitis A & B are serious diseases that can lead to complications like chronic Hepatitis (persistent liver inflammation), liver cirrhosis (hardening of liver), liver failure and liver cancer. Up to 80% of liver cancer patients in Singapore are Hepatitis B carriers.</p> <p>More importantly they are easily preventable with vaccination and what is less commonly known is that chronic hepatitis carriers require and benefit from lifelong surveillance (such as Ultrasound and AFP cancer marker testing) to pick up early-stage liver cancer cirrhosis, and antiviral treatment where necessary to control the viral load.</p> | \$45* |

OTHER ADD-ONS

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| 16 | HBA1C – Regardless of fasting glucose level | \$35* | 20 | AFP Cancer Marker (Liver) | \$45* |
| 17 | Blood Group (ABO) | \$35* | 21 | CEA Cancer Marker (Colon) | \$45* |
| 18 | Stool Test (FOBT) | \$35* | 22 | Free Thyroxine (FT4) - Regardless of TSH level | \$45* |
| 19 | Creatine Kinase (CK) | \$45* | 23 | Free Tri-iodothyronine (FT3) | \$45* |

*All prices exclude GST
 *所有价格均不含 GST