

# 1-SERIES



Get started with our chronic disease screening package covering you for the three highs.  
(Blood Pressure, Diabetes and Cholesterol)

## \*1 SERIES APPLICABLE ONLY FOR SMALL GROUP SCREENINGS (Group size min. 5pax)

### CLINIC ASSESSMENT

- ✓ Personal History
- ✓ Personal Medical Report
- ✓ Blood Pressure
- ✓ Post Screening Consultation
- ✓ Height & Weight (BMI)

### LABORATORY ANALYSIS

- ✓ Full Cholesterol Profile
  - Total Cholesterol
  - HDL Cholesterol
  - Total-Chol/HDL ratio
  - LDL Cholesterol
  - Triglyceride
- ✓ Diabetes Screen
  - Fasting Blood Glucose
  - HBA1C\* (where applicable)
- ✓ Kidney Function
  - Urea
  - Creatinine
  - Potassium
  - Sodium
  - eGFR
- ✓ Urinalysis
  - Urine FEME

### Preparation:

- 8-hour fasting required before the screening, only plain water is allowed.
- A urine collection bottle will be mailed to you prior to the date of the health screening. Kindly collect your urine/stool samples on the day of your appointment date and hand them over to our service staff. Otherwise, you may submit at our clinic at your convenience
- For ladies, urine tests should be done three days after the last day of menstruation.

**\$58\***  
per pax

\*Price before GST

# Homebased & Small groups packages



**1**  
SERIES  
\$58\*

**3**  
SERIES  
\$118\*

**5**  
SERIES  
\$198\*

**7**  
SERIES  
\$268\*

<b>Full Cholesterol Profile</b>	Total Cholesterol	x	x	x	x
	HDL Cholesterol	x	x	x	x
	Total-Chol/HDL ratio	x	x	x	x
	LDL Cholesterol	x	x	x	x
	Triglyceride	x	x	x	x
<b>Diabetes Screen</b>	Fasting Blood Glucose	x	x	x	x
	HBA1C* (where applicable)	x	x	x	x
<b>Kidney Function</b>	Urea	x	x	x	x
	Creatinine	x	x	x	x
	Potassium	x	x	x	x
	Sodium	x	x	x	x
	Chloride	x	x	x	x
	Estimated Glomerular Filtration Rate (eGFR)	x	x	x	x
<b>Urinalysis</b>	Urine FEME	x	x	x	x
	Urine Microalbumin			x	x
	Microalbumin/Creatinine Ratio			x	x
<b>Liver Function</b>	Total Bilirubin			x	x
	Alkaline Phosphatase			x	x
	SGPT(ALT)		x	x	x
	SGOT(AST)		x	x	x
	GGT		x	x	x
	Total Protein			x	x
	Albumin			x	x
	Globulin			x	x
	Alb/Glob Ratio			x	x
<b>Bone &amp; Joint</b>	Calcium		x	x	x
	Phosphate		x	x	x
	Uric Acid		x	x	x
	Rhumatoid Arthritis Factor			x	x
<b>Haematology</b>	Full Blood Count		x	x	x
	ESR		x	x	x
	Peripheral Blood Film		x	x	x
<b>Thyroid Function</b>	TSH		x	x	x
	Free T4 (If TSH is <0.40 pmol/L or >4.70 pmol/L)		x	x	x
<b>Hepatitis Profile</b>	Hepatitis A			x	x
	Hepatitis B			x	x
<b>Venereal Profile</b>	VDRL (TPPA if reactive)			x	x
<b>Tumour Markers</b>	AFP			x	x
	CEA			x	x
	CA125 (female)				x
	PSA (male)				x
<b>Cardiac Profile</b>	C-Reactive Protein				x
	Creatine Kinase				x
<b>Deficiency Screen</b>	Iron				x

\*Prices before GST