

5-SERIES



Specially designed as a comprehensive health screening for individuals who seek to get a better insight and understanding into their current health status and risk of lifestyle diseases. This package includes testing into key body functions (liver, kidney, bone and joint, thyroid, full blood count) as well as a selected range of cancer markers.

CLINIC ASSESSMENT

- ✓ Personal History
- ✓ Personal Medical Report
- ✓ Blood Pressure
- ✓ Post Screening Consultation
- ✓ Height & Weight (BMI)

LABORATORY ANALYSIS

- ✓ Full Cholesterol Profile
 - Total Cholesterol
 - HDL Cholesterol
 - Total-Chol/HDL ratio
 - LDL Cholesterol
 - Triglyceride
- ✓ Urinalysis
 - Urine FEME
 - Urine Microalbumin
 - Microalbumin/Creatinine Ratio
- ✓ Liver Function
 - Total Bilirubin
 - Alkaline Phosphatase
 - SGPT (ALT)
 - SGOT (AST)
 - GGT
 - Total Protein
 - Albumin
 - Globulin
 - Alb/Glob Ratio
- ✓ Diabetes Screen
 - Fasting Blood Glucose
 - HBA1C* (where applicable)
- ✓ Bone & Joint
 - Calcium
 - Phosphate
 - Uric Acid
 - Rhumatoid Arthritis Factor
- ✓ Thyroid Function
 - TSH
 - Free T4 (If TSH is <0.40 pmol/L or >4.70 pmol/L)
- ✓ Venereal Profile
 - VDRL (TPPA if reactive)
- ✓ Kidney Function
 - Urea
 - Creatinine
 - Potassium
 - Sodium
 - eGFR
- ✓ Haematology
 - Full Blood Count
 - ESR
 - Peripheral Blood Film
- ✓ Hepatitis Profile
 - Hepatitis A
 - Hepatitis B
- ✓ Tumour Markers
 - AFP
 - CEA

Preparation:

- 8-hour fasting required before the screening, only plain water is allowed.
- A urine collection bottle will be mailed to you prior to the date of the health screening. Kindly collect your urine/stool samples on the day of your appointment date and hand them over to our service staff. Otherwise, you may submit at our clinic at your convenience
- For ladies, urine tests should be done three days after the last day of menstruation.

\$188
per pax

Homebased & Small groups packages



1
SERIES
\$58

3
SERIES
\$98

5
SERIES
\$188

7
SERIES
\$258

Full Cholesterol Profile	Total Cholesterol	x	x	x	x
	HDL Cholesterol	x	x	x	x
	Total-Chol/HDL ratio	x	x	x	x
	LDL Cholesterol	x	x	x	x
	Triglyceride	x	x	x	x
Diabetes Screen	Fasting Blood Glucose	x	x	x	x
	HBA1C* (where applicable)	x	x	x	x
Kidney Function	Urea	x	x	x	x
	Creatinine	x	x	x	x
	Potassium	x	x	x	x
	Sodium	x	x	x	x
	Chloride	x	x	x	x
	Estimated Glomerular Filtration Rate (eGFR)	x	x	x	x
Urinalysis	Urine FEME	x	x	x	x
	Urine Microalbumin			x	x
	Microalbumin/Creatinine Ratio			x	x
Liver Function	Total Bilirubin			x	x
	Alkaline Phosphatase			x	x
	SGPT(ALT)		x	x	x
	SGOT(AST)		x	x	x
	GGT		x	x	x
	Total Protein			x	x
	Albumin			x	x
	Globulin			x	x
	Alb/Glob Ratio			x	x
Bone & Joint	Calcium		x	x	x
	Phosphate		x	x	x
	Uric Acid		x	x	x
	Rhumatoid Arthritis Factor			x	x
Haematology	Full Blood Count		x	x	x
	ESR		x	x	x
	Peripheral Blood Film		x	x	x
Thyroid Function	TSH		x	x	x
	Free T4 (If TSH is <0.40 pmol/L or >4.70 pmol/L)		x	x	x
Hepatitis Profile	Hepatitis A			x	x
	Hepatitis B			x	x
Venereal Profile	VDRL (TPPA if reactive)			x	x
Tumour Markers	AFP			x	x
	CEA			x	x
	CA125 (female)				x
	PSA (male)				x
Cardiac Profile	C-Reactive Protein				x
	Creatine Kinase				x
Deficiency Screen	Iron				x