

1-SERIES



Get started with our chronic disease screening package covering you for the three highs.
(Blood Pressure, Diabetes and Cholesterol)

*1 SERIES APPLICABLE ONLY FOR SMALL GROUP SCREENINGS (Group size min. 5pax)

CLINIC ASSESSMENT

- ✓ Personal History
- ✓ Personal Medical Report
- ✓ Blood Pressure
- ✓ Post Screening Consultation
- ✓ Height & Weight (BMI)

LABORATORY ANALYSIS

- ✓ Full Cholesterol Profile
 - Total Cholesterol
 - HDL Cholesterol
 - Total-Chol/HDL ratio
 - LDL Cholesterol
 - Triglyceride
- ✓ Diabetes Screen
 - Fasting Blood Glucose
 - HBA1C* (where applicable)
- ✓ Kidney Function
 - Urea
 - Creatinine
 - Potassium
 - Sodium
 - eGFR
- ✓ Urinalysis
 - Urine FEME

Preparation:

- 8-hour fasting required before the screening, only plain water is allowed.
- A urine collection bottle will be mailed to you prior to the date of the health screening. Kindly collect your urine/stool samples on the day of your appointment date and hand them over to our service staff. Otherwise, you may submit at our clinic at your convenience
- For ladies, urine tests should be done three days after the last day of menstruation.

\$58
per pax

Homebased & Small groups packages



1
SERIES
\$58

3
SERIES
\$98

5
SERIES
\$188

7
SERIES
\$258

Full Cholesterol Profile	Total Cholesterol	x	x	x	x
	HDL Cholesterol	x	x	x	x
	Total-Chol/HDL ratio	x	x	x	x
	LDL Cholesterol	x	x	x	x
	Triglyceride	x	x	x	x
Diabetes Screen	Fasting Blood Glucose	x	x	x	x
	HBA1C* (where applicable)	x	x	x	x
Kidney Function	Urea	x	x	x	x
	Creatinine	x	x	x	x
	Potassium	x	x	x	x
	Sodium	x	x	x	x
	Chloride	x	x	x	x
	Estimated Glomerular Filtration Rate (eGFR)	x	x	x	x
Urinalysis	Urine FEME	x	x	x	x
	Urine Microalbumin			x	x
	Microalbumin/Creatinine Ratio			x	x
Liver Function	Total Bilirubin			x	x
	Alkaline Phosphatase			x	x
	SGPT(ALT)		x	x	x
	SGOT(AST)		x	x	x
	GGT		x	x	x
	Total Protein			x	x
	Albumin			x	x
	Globulin			x	x
	Alb/Glob Ratio			x	x
Bone & Joint	Calcium		x	x	x
	Phosphate		x	x	x
	Uric Acid		x	x	x
	Rhumatoid Arthritis Factor			x	x
Haematology	Full Blood Count		x	x	x
	ESR		x	x	x
	Peripheral Blood Film		x	x	x
Thyroid Function	TSH		x	x	x
	Free T4 (If TSH is <0.40 pmol/L or >4.70 pmol/L)		x	x	x
Hepatitis Profile	Hepatitis A			x	x
	Hepatitis B			x	x
Venereal Profile	VDRL (TPPA if reactive)			x	x
Tumour Markers	AFP			x	x
	CEA			x	x
	CA125 (female)				x
	PSA (male)				x
Cardiac Profile	C-Reactive Protein				x
	Creatine Kinase				x
Deficiency Screen	Iron				x